metro
NEW YORK • Monday, October 1, 2012

YOU CAN pull out the bills hidden in a drawer. **YOU CAN** answer your phone without worrying it's a bill collector. **YOU CAN** stop living paycheck to paycheck. **YOU CAN** sleep through the night.

YOU CAN TACKLE YOUR DEBT.
We can help.

Financial Empowerment Center

Call 311 to schedule a free one-on-one financial counseling appointment at a Financial Empowerment Center or visit **nyc.gov** for more information.

NYC
Michael R. Bloomberg
Mayor

Department of Consumer Affairs
Office of Financial Empowerment
Jonathan Mintz
Commissioner

Protect your Money

YouTube NYCDCA
NYCDCA
NYCDCA

Meet one-on-one with a Financial Empowerment Counselor who can help you:

- Take control of your debt
- Deal with debt collectors
- Improve your credit
- Create a budget
- Open a bank account
- Start an emergency fund
- Save and plan for your future
- And much more

Financial counseling is free and confidential.

Our professional counselors speak multiple languages.

"Everyone is welcome at the City's Financial Empowerment Centers. It doesn't matter how much you make or how much debt you're in. We examine the big financial picture, including your credit report, to see what's been going on and to help you make a plan for moving forward. A lot of people come to us feeling helpless. I love the sense of relief we give them. It feels good to make a real impact on people's lives."

– Michelle, NYC Financial Empowerment Counselor

Call 311 to schedule a free one-on-one financial counseling appointment at a Financial Empowerment Center or visit **nyc.gov** for more information.

YOU CAN **TACKLE YOUR DEBT.**
We can help.

Financial Empowerment Center

letters@metro.us

NYC'S #1 FREE DAILY NEWSPAPER

MAGGIE AND VIOLA GET AN EDUCATION {page 20}

metro®

Max 73°
Min 58°

NEW YORK
Monday, October 1, 2012

Inside a New York City sex trafficking pipeline

Women illegally shuttled up from impoverished region in Mexico and forced to sell their bodies on New York City streets Underground sex trafficking not only alive and well — it's increasing, some experts say {page 02}

FDNY

NFL. Giants lose

▶ Giants receiver Ramses Barden was called for offensive pass interference on Nnamdi Asomugha on the second-to-last play of the Giants' drive, which moved a last second field goal attempt back 10 yards. Lawrence Tynes missed from 54 yards and New York lost, 19-17. {page 25}

Giants miss 54-yard field goal, lose to rival Philadelphia

news

Afghan War military death toll hits 2,000

Terrible mark hit when two killed over weekend {page 06}

news

10 years later, DC sniper Malvo talks

27 year-old says he felt like 'worst piece of scum' {page 08}

new york

Lohan says man attacked her at W hotel

Lindsay: GOP aide choked me after photo fight {page 02}

NYC becomes trafficking depot for Mexican town

Disturbing link between Mexico region and Manhattan ▶ Hundreds of women trafficked on their way to the city, forced into prostitution ▶ New report details trauma experienced

They think they are getting a better life: a new job, a safer place to live, maybe even love.

Instead, after leaving a village in central Mexico, these women find themselves forced into sex in New York City.

For years, hundreds of women have traveled from San Miguel Tenancingo, a village in the state of Tlaxcala, Mexico, with their eyes toward New York, only to become embroiled in sex trafficking.

The Urban Justice Center's Sex Workers Project released a report last week detailing dozens of nightmarish experiences.

Trafficking, which refers to any forced work through coercions like violence or fraud but often involves forced sex, usually begins with a hint of a job somewhere else, perhaps at a friend's restaurant.

In Tlaxcala, said Sex Workers Project co-director Sienna Baskin, traffickers court women who grew up nearby or pass through looking for better jobs, convincing them they can help.

"The destination was pretty much right away New York," Baskin said.

The 37 people interviewed in the report, including two transgender women and one man, said once in the city, those promises evaporated.

Victims were instead, often violently, pressed into prostitution.

"This man appeared, an acquaintance of my aunt. … He said, 'I'm going to take you to my aunt's, and she can give you a job and you can live there,'" a woman named Meena, who was trafficked, said in the report.

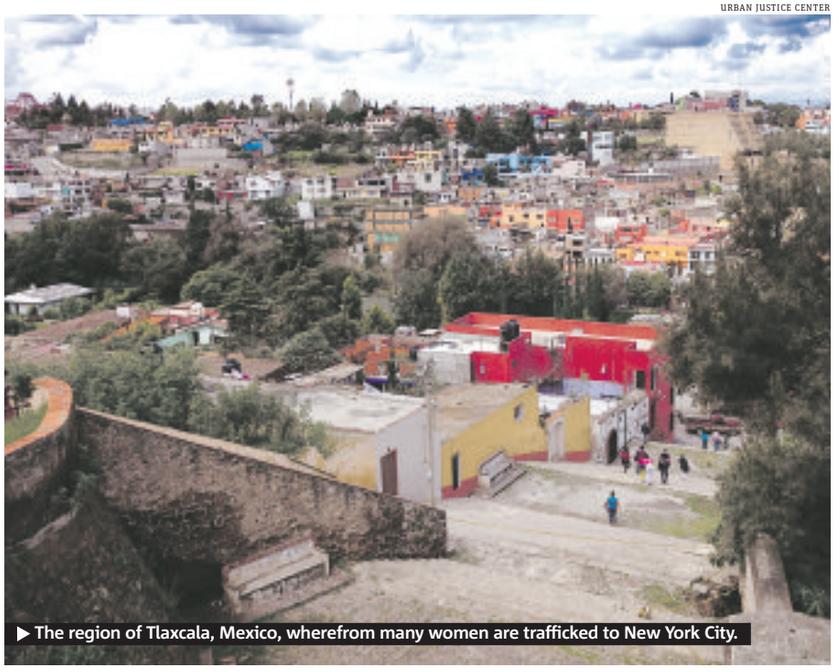
"I thought that was a really good idea, but it wasn't like that," she said.

ALISON BOWEN
alison.bowen@metro.us

Quoted

"The majority of the individuals were brought in through someone that they knew — a relative, a neighbor, a friend — and that actually helped them to have more confidence and more trust to the person they were introduced to."
SIENNA BASKIN, OF THE SEX WORKERS PROJECT

URBAN JUSTICE CENTER



▶ The region of Tlaxcala, Mexico, wherefrom many women are trafficked to New York City.

More help for victims

President Barack Obama just pushed last week at Manhattan's Clinton Global Initiative to end trafficking, which he called "modern slavery." He vowed to increase border-control officials' training and to make it easier for victims to get visas to stay safely in the States.

The Urban Justice Center suggests that more resources should be allocated to connecting trafficking victims with their children, who are often kept by the trafficker as a way to control the victim.

Also, activists want the government to stop requiring that trafficking victims cooperate with law enforcement in order to stay in the United States. This puts them at great risk, advocates say, fearing traffickers' retaliation.

"They're tricked into it. They're trapped into it. I've talked to a number of women who were forced into it. It's just horrific. It's growing; it's just not subsiding."
NY REP. CAROLYN MALONEY

ANGUS MCINTYRE

▶ Trafficking shows no sign of slowing, experts say.

METRO/AB

In the news

BK stabbing over an iPhone

A man was robbed of his iPhone on the subway and then stabbed early yesterday morning, according to reports. The incident happened when the victim was at the 18th Avenue F train stop in Borough Park, Brooklyn, at about 1:45 a.m. yesterday. The suspect snatched his iPhone out of his hand and then turned and stabbed him in the chest. The suspect fled and has yet to be caught. The victim was treated at Lutheran Hospital. METRO/CB

In the news

Two cops slapped with DUI charges

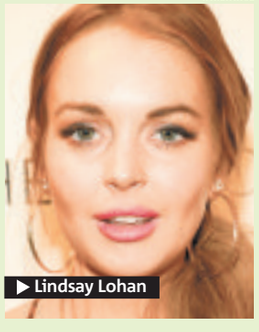
Two city officers were arrested over the weekend and charged with DUI in two separate incidents. On Saturday, Lorenzo Brown, a 35-year-old NYC corrections officer, was arrested for DUI just after 3 a.m. in the Bronx. Brown was off-duty at the time. A little later that same day, off-duty NYPD officer Henry Vidal was also arrested and charged with DUI. METRO/CB

News in brief

Lohan claims attack by man at Union Square W hotel

UNION SQUARE. Lindsay Lohan made headlines yesterday after saying she was attacked by a man at the posh W hotel Union Square.

WIREIMAGE



▶ Lindsay Lohan

According to various reports, Lohan, 26, and the man, Christian LaBella, 25, met at the swanky 10ak nightclub nearby on Saturday night. The duo proceeded to her 15th floor hotel room, where he reportedly took photos of her.

Lohan grabbed LaBella's cell phone and demanded he delete the questionable snapshots. When she refused to hand the phone back to him, he threw her down on the bed and scratched her, according to a report in the New York Daily News.

Lohan ran out of the room and down the stairs, but on her way back up she ran into LaBella again. That time, he allegedly choked her from behind and threw her to the floor, according to the News.

LaBella was arrested and charged with misdemeanor assault at first, police said.

But that charge was dropped, and now both LaBella and Lohan will be hit with minor harassment complaints, the NYPD told Metro.

LaBella is reportedly a Congressional staffer who works out of the Washington, D.C., office of Illinois Republican Rep. John Shimkus.

On his Facebook page, there are photos of LaBella posing with vice president candidate Paul Ryan, as well as Kim and Kris Kardashian. METRO/CB

Introducing Balance™ Rewards

Join Now it's free

Save, Earn and Redeem in store and online!

- **Save** on sale items with card
- **Get** 10 points per $1 spent on select over-the-counter products†
- **Earn** points on thousands of items each week
- **Get** 10 points for every mile when you Walk with Walgreens®‡
- **Redeem** instantly with as few as 5,000 points

†Due to state and federal laws, points cannot be earned on some items. See Balance Rewards terms and conditions or visit BalanceRewards.com for full details. Only available in AR, NJ & NY.
‡See terms and conditions of both programs for full details. See Balance Rewards terms and conditions and the Walk with Walgreens terms of use or visit BalanceRewards.com for full details.

DUANE reade™
Part of the Walgreens family of companies.

Walgreens

Oil spill mucks up Brooklyn waterway

National Grid pipe ruptures during routine work, causing spill ◗ Rancid smell pervades the area near Jamaica Bay ◗ Yacht clubs told to keep boats moored

People are still being warned not to enter a well-traveled Brooklyn waterway after an estimated 1,000 gallons of oil and other hazardous materials spilled late last week into Paerdegat Basin.

National Grid was closing up an old pipe with cement Thursday evening when it ruptured, sending a mixture of gas, compressor oil, turbine oil and condensate into the basin, which is bordered by four yacht clubs and a canoe club, and flows into the wildlife-rich Jamaica Bay.

"I was out there [Saturday], and the smell was really bad," said Geoffrey Croft, president of the watchdog group NYC Park Advocates. "You could see the oil sheen in the water."

NYC PARKS ADVOCATES

▶ Pads absorb the oil.

Walter Lewandowski, commodore of the Sebago Canoe Club, told Metro that the accident was unfortunate, particularly since water quality in Paerdegat Basin had vastly improved over the past few years.

"We're seeing a lot more wildlife," including herons, ospreys and schools of small bait fish, Lewandowski said. The New York City Office of Emergency Management has advised the public to avoid fishing and boating in the area until further notice.

National Grid, meanwhile, has hired an oil spill contractor to remediate the mess. So far, it has managed to remove about 750 gallons of oil and water mixture.

"Right now, our goal is to get it cleaned up as quickly as possible."
PETTY OFFICER ERIK SWANSON
U.S. COAST GUARD

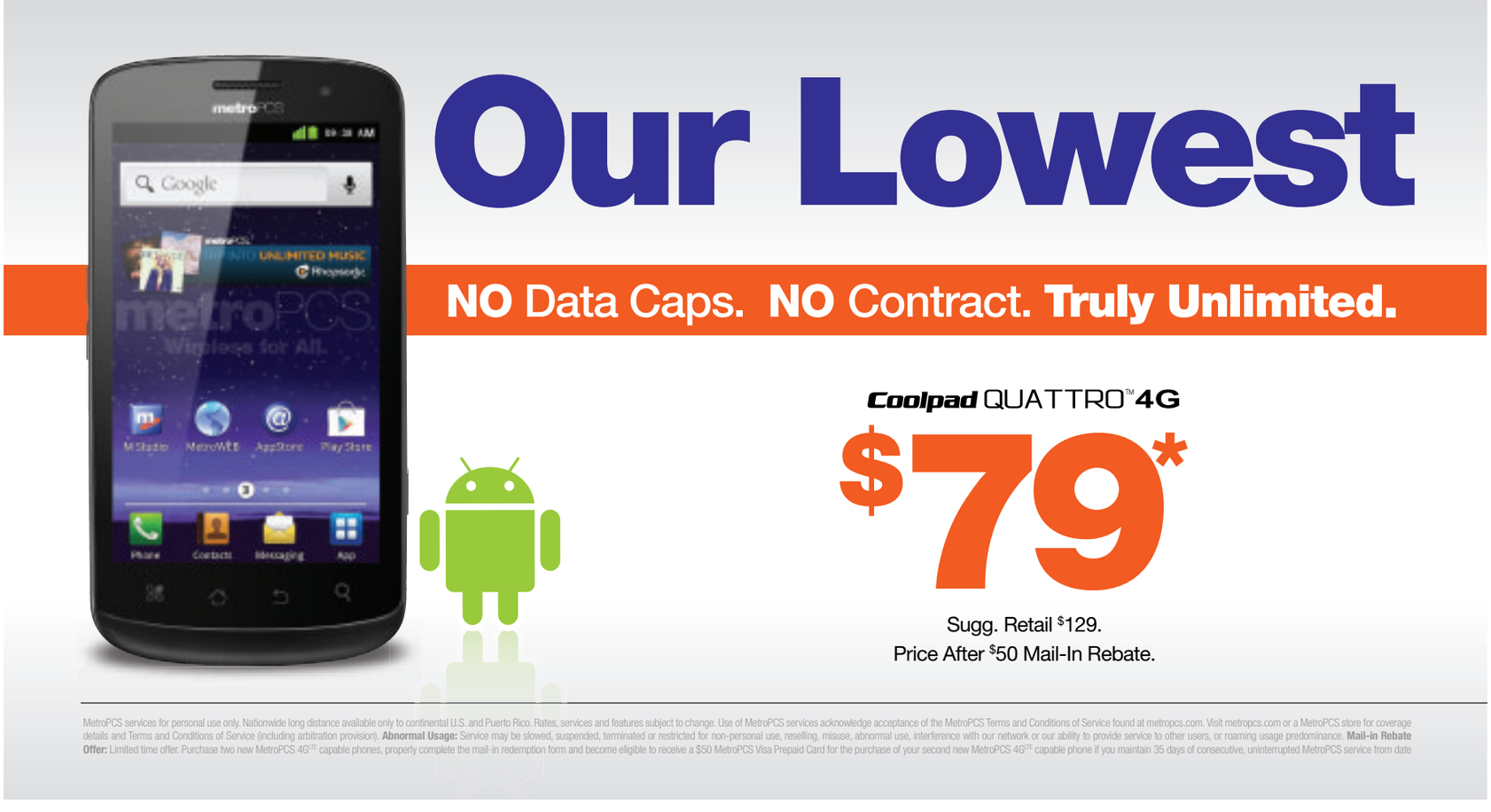
JESSE GREENSPAN
jesse.greenspan@metro.us

Tribute. Run

▶ Fire Commissioner Salvatore Cassano, at left, runs with injured soldiers as part of the race.

5K run in memory of 9/11 firefighter

Tens of thousands of runners passed through the Brooklyn-Battery Tunnel yesterday as part of the annual 5K Tunnel to Towers Run. The course, which stretches from Red Hook, Brooklyn, to the World Trade Center complex in Lower Manhattan, retraces the final steps of firefighter Stephen Siller, one of 343 FDNY first responders who died during the Sept. 11 attacks. Funds raised through the event support the construction of homes for wounded veterans. METRO


Our Lowest
NO Data Caps. NO Contract. Truly Unlimited.
Coolpad QUATTRO™ 4G
$79*
Sugg. Retail $129.
Price After $50 Mail-In Rebate.
MetroPCS services for personal use only. Nationwide long distance available only to continental U.S. and Puerto Rico. Rates, services and features subject to change. Use of MetroPCS services acknowledge acceptance of the MetroPCS Terms and Conditions of Service found at metropcs.com. Visit metropcs.com or a MetroPCS store for coverage details and Terms and Conditions of Service (including arbitration provision). Abnormal Usage: Service may be slowed, suspended, terminated or restricted for non-personal use, reselling, misuse, abnormal use, interference with our network or our ability to provide service to other users, or roaming usage predominance. Mail-in Rebate Offer: Limited time offer. Purchase two new MetroPCS 4G LTE capable phones, properly complete the mail-in redemption form and become eligible to receive a $50 MetroPCS Visa Prepaid Card for the purchase of your second new MetroPCS 4G LTE capable phone if you maintain 35 days of consecutive, uninterrupted MetroPCS service from date

Teenage pizza boy charged in UWS rape case

- Slipped into unlocked apartment
- Attacked while daughter slept

A teenaged pizza-delivery boy was arrested Saturday for allegedly raping an Upper West Side woman as she slept in bed next to her 7-year-old daughter.

The 16-year-old suspect, from the Bronx, reportedly delivered pizza to someone else in the building around 12:30 a.m. Saturday before entering the 35-year-old victim's unlocked apartment, the New York Daily News reported.

The victim told the Daily News that she woke up with the suspect already on top of her, and that the whole thing took about 30 seconds.

Her daughter, asleep in bed beside her, never woke up.

The suspect, who was said to have told authorities that he was "feeling horny," fled the scene.

But he was later tracked down at his place of employment, a pizza parlor in Hell's Kitchen that is owned by his father, according to the New York Post.

Police have charged the suspect with both rape and burglary. He has been arrested before, according to the News, for robbing an apartment on W. 42nd Street.

JESSE GREENSPAN
jesse.greenspan@metro.us

Feline. Friend

▶ Cathy comes with a microchip and free follow-up vet exam.

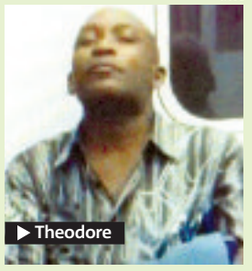
ASPCA

Adopt a pet with Metro, ASPCA

Cathy is a 6-year-old domestic shorthair mix who can't wait to meet her new family! She can be a bit shy when meeting strangers for the first time — but if given some time to get comfortable, this pretty kitty will start showing the love. Cathy is very sweet and affectionate, but has had some litter box issues in her past home. A quiet home with no other cats would be best for her. To adopt her, or for more information, stop by the ASPCA Adoption Center at 424 E. 92nd Street or call 212-876-7700, ext. 4120. METRO

News in brief

NYPD



▶ Theodore

Train flasher arrested on public lewdness charge

BROOKLYN. Police arrested a Brooklyn man yesterday for allegedly exposing himself on a southbound 2-train at the Atlantic Avenue station.

Joseph Theodore, 52, began touching himself last Wednesday in front of a 28-year-old woman, according to police.

But he was apprehended after one of his alleged victims snapped a cell phone video of him and it was distributed by police.

Theodore was charged with public lewdness. METRO/JG

Two pedestrians killed by vehicles over weekend

NEW YORK. An out-of-towner visiting the city was struck and killed by a tractor trailer truck early yesterday while trying to cross a busy Midtown Manhattan intersection.

The yellow truck hit and killed Ken Baker, 26, of Binghamton, N.Y., while making a left turn from Sixth Avenue onto W. 47th Street, according to police.

No charges have been filed in that case, and the driver of the truck remained at the scene.

Just two days earlier, a hit-and-run driver reportedly killed Arnold Slater, 75, at the corner of Broadway and W. 114 Street in Morningside Heights.

Police have not made any arrests in that case, either. METRO/JG

4G LTE Price Ever!

4G Powered Smartphones for only $79!

THIS IS UNBEATABLE.

Unlimited 4G LTE for as low as $50 a month. No data caps. No annual contract. No restrictions.

This is blazing fast Mobile Internet, the Metro way – world standard technology at a world record price. All on the latest 4G LTE powered Android smartphones, like the Coolpad Quattro™ 4G.

Finally, unlimited 4G LTE for all. No wonder everybody's moving to Metro.

888.8metro8 | metropcs.com @MetroPCSNY

metroPCS Wireless for All.

of activation. You must be an active MetroPCS subscriber, in good standing, 35 days after activation of phone to be eligible for rebate. MetroPCS Visa Prepaid Card is issued by MetaBank,™ member FDIC, pursuant to a license from Visa U.S.A. Inc. Not all phones available for use on all rate plans. See associate for forms and rebate eligibility requirements. Sales tax not included and collected and remitted in accordance with state and local laws. Certain restrictions apply. Offer not available in Connecticut and Rhode Island. MetroPCS related trademarks and service marks are the exclusive properties of MetroPCS Wireless, Inc. All other trademarks and service marks are the properties of their respective owners. Android, Google, Google Calendar, Google Play, Gmail and other marks are trademarks of Google Inc. The Android robot is reproduced or modified from work created and shared by Google and used to terms described in the Creative Commons 3.0 Attribute License. ©2012 MetroPCS Wireless, Inc.

US death toll in Afghanistan exceeds 2,000

Two Americans were killed in Afghanistan during an exchange of fire between NATO-led forces and the Afghan army that may have been the result of a misunderstanding, as the death toll of U.S. military and civilian personnel passed 2,000.

An American soldier and a civilian contractor were killed in the incident in eastern Afghanistan.

The coalition initially said the incident may have been the result of an "insider attack" and another example of a member of the Afghan national security force turning on coalition troops in a war that began in 2001. **REUTERS**

▶ Funeral for a soldier killed in Afghanistan on Sept. 5, 2012

GETTY IMAGES

52

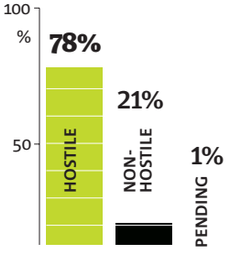
Joint operations were halted two weeks ago after a surge of attacks on the NATO-led International Security Assistance Force (ISAF) by its Afghan allies. At least 52 ISAF service members have been killed this year in so-called "green-on-blue" attacks.

The breakdown

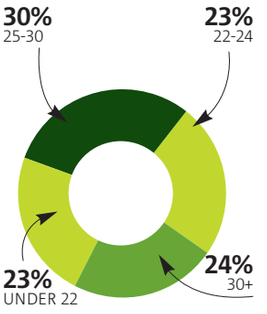
Casualties, by gender:

2,077
MALE MILITARY PERSONNEL

Casualties, by type (hostile, non-hostile and pending):



Casualties, by age:



U.S. Military Casualties in Operation Enduring Freedom (OEF) as of Sept. 28, according to the U.S. Department of Defense

News in brief

Muslim protesters torch Buddhist temples, homes in Bangladesh

Hundreds of Muslims in Bangladesh burned at least four Buddhist temples and 15 homes of Buddhists yesterday after complaining that a Buddhist man had insulted Islam, police and residents said. Members of the Buddhist minority in the Cox's Bazar area in the southeast of the country said unidentified people were bent on upsetting peaceful relations between Muslims and Buddhists. Muslims took to the streets in the area late Saturday to protest against what they said was a photograph posted on Facebook that insulted Islam. The protesters said the picture had been posted by a Buddhist. **REUTERS**

BP spill settlement talks stall as US demands $18B

Talks between BP and the U.S. government over a settlement for the 2010 oil spill have stalled because the U.S. is insisting that the British oil giant pay at least $18 billion, British newspaper the Sunday Times reported. A settlement deal may not happen until early next year, the newspaper quoted sources close to the company as saying.

$25B Reports in July suggested that the U.S. was looking for a settlement of $25 billion.

A settlement between $18 billion to $21 billion is near the level that BP would be required to pay, should it be found grossly negligent under the Clean Water Act. **REUTERS**

DISABILITY STUDIES

ONLINE B.A ■ M.A. ■ GRADUATE CERTIFICATE

Bridging Perspectives Through Education

Disability sits at the intersection of many different disciplines and viewpoints. We're connecting them all through programs that will enhance your understanding of **Disability Studies** and prepare you for leadership roles in the field.

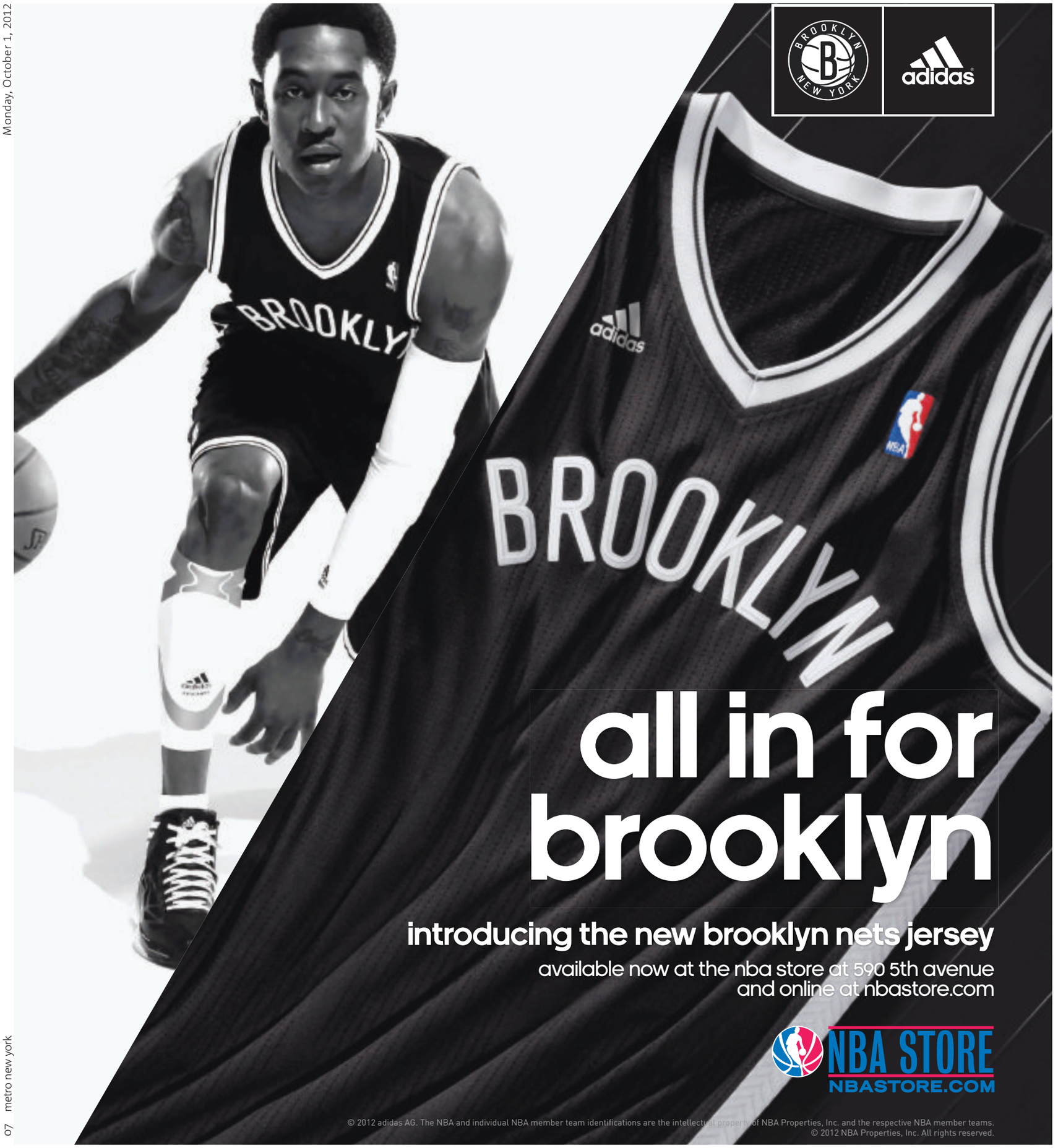
CUNY School of Professional Studies
The City University of New York

Contact us to learn more.

sps.cuny.edu/studydisability
212.652.CUNY
information@sps.cuny.edu

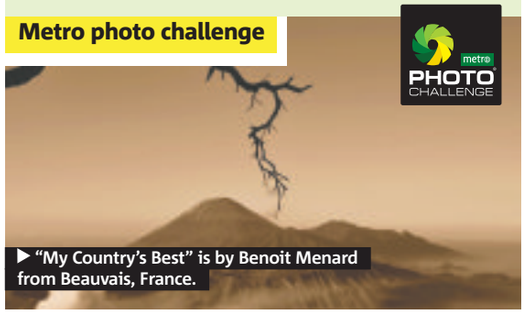
INFO SESSION
■ Wednesday, October 3rd ■ 6:00 PM
■ CUNY Grad Center 365 Fifth Ave. at 34th St.
■ Room C-201

A convenient, affordable, high quality education fit for the life you lead.



© 2012 adidas AG. The NBA and individual NBA member team identifications are the intellectual property of NBA Properties, Inc. and the respective NBA member teams.
© 2012 NBA Properties, Inc. All rights reserved.

Metro photo challenge



▶ "My Country's Best" is by Benoit Menard from Beauvais, France.

Visit **www.metrophotochallenge.com** to submit your best photos to the world's largest photo competition and you'll have the chance to get published!

SPONSORED BY J&R PARK ROW, NYC JR.COM

Ten years later, DC sniper says he felt like 'scum'

Convicted Washington sniper Lee Boyd Malvo said the devastated reaction of a victim's husband 10 years ago made him feel like "the worst piece of scum on the planet," The Washington Post reported yesterday.

In a rare interview, Malvo, 27, urged the families of victims to try to forget about him and his partner, John Allen Muhammad, so they can get on with their lives.

Tomorrow marks the 10th anniversary of the start of Malvo and Muhammad's deadly rampage in the Washington area.

The pair was linked to 27 shootings across the country, including 10 fatal attacks in the Washington area over 23 days.

"It is the worst sort of pain I have ever seen in my life," he told the Post of Ted Franklin's eyes.

"Words do not possess the depth in which to fully convey that emotion and what I felt when I saw it. ... You feel like the worst piece of scum on the planet." **REUTERS**

One of the victims

▶ Muhammad killed Linda Franklin, a 47-year-old FBI analyst, as she and her husband, Ted, loaded purchases at a Home Depot in Falls Church, Va. Malvo, with binoculars, acted as spotter.

27

The pair was linked to 27 shootings across the country.

SHAWN THEW/AFP/GETTY IMAGES

▶ Malvo said there was no way to convey an apology to the victims' families.

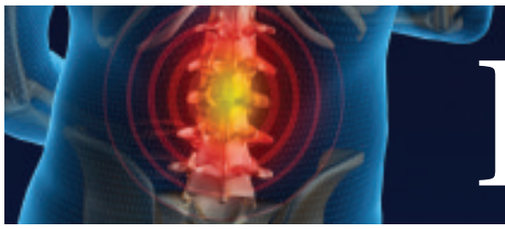
In the news

California bans gay conversion therapy for minors

SACRAMENTO. Governor Jerry Brown has signed a bill barring a controversial therapy that aims to reverse homosexuality in minors, the measure's sponsor said yesterday, making California the first state to ban a practice many say is psychologically damaging.

The move marked a major victory for gay rights advocates who say so-called conversion therapy, also called reparative therapy, has no medical basis because homosexuality is not a disorder. **REUTERS**

GOLD AND JEWELRY LOANS
UP TO $100,000
Six month loan
Low fees
Low interest rates
See us online at www.providentloan.com
All offices open Monday-Friday, 9am-4pm. Se Habla Espanol
Main NYC office: 346 Park Avenue South (at East 25th St.) 212.685.0380
NYC: 180 East 72nd St. - 212.288.0918
Bronx: 2573 Decatur Ave. (off Fordham Rd.) - 718.367.2850
Flushing: 136-48 39th Ave. - 718.358.9191
Brooklyn: 7804 5th Ave. - 718.238.0506
THE PROVIDENT LOAN SOCIETY OF NEW YORK
It's better than a pawn shop. It's Provident Loan.



Back Pain

New FDA Cleared Treatment Proven to Relieve Back Pain

TREATMENT COVERED BY MOST INSURANCE COMPANIES

Did you know that 30 million Americans suffer from back and neck pain every day? Sciatica and herniated discs are often misunderstood. They can cause pain and numbness in the back, neck, legs, and feet. This pain affects everything that you do, from work to play, and ultimately your quality of life. We are here to tell you that there is hope. We have the technology and experience to help you find relief from Sciatica and back pain. At Better Body Solutions, we have helped hundreds of pain sufferers just like you. We offer only the most advanced non-surgical treatments. We are so confident we can help you feel better that we are offering our $250 consultation for only $49 for the first 30 callers.

WHO IS A CANDIDATE FOR TREATMENT?

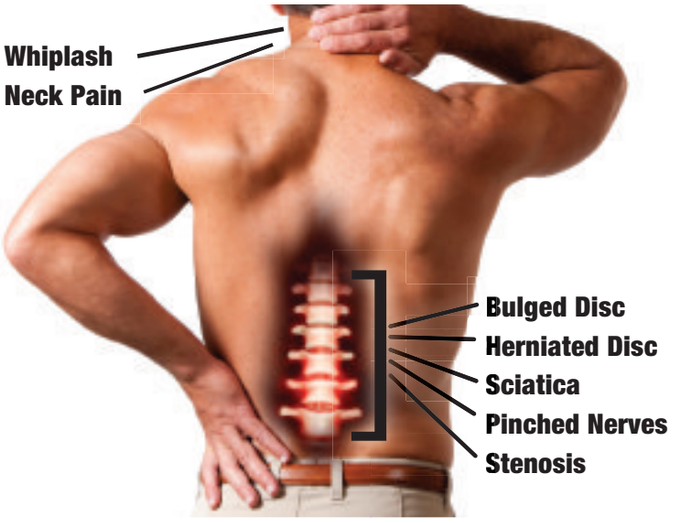
There are several conditions that can be treated, including pain due to bulging and herniated discs, degenerated discs, sciatica, low back pain, neck pain and much more. If you have chronic or severe back pain, you may be a candidate for the latest FDA Cleared treatments. At Better Body Solutions, we will give you an honest and fair assessment of your condition and only recommend treatment if it's right for you.

OUR SPINAL DECOMPRESSION PROGRAM COMBINED WITH FUNCTIONAL MEDICINE DELIVERS RESULTS

If determined that some of the pain is being produced by the muscles, our comprehensive rehab works right away to increase flexibility, relax muscles and reduce pain. Muscles are retrained to work in proper order and the treatment is painless. By combining spinal decompression with functional medicine and chiropractic care, our comprehensive program is the most advanced and complete package for dealing with neck and back pain.

WHY CHOOSE BETTER BODY SOLUTIONS?

At Better Body Solutions we are dedicated to improving the health and function of our patients. We do this by combining decompression therapy and functional medicine with state-of-the-art technology to deliver an unprecedented level of service. In the past a patient suffering from back pain, was given medication and instructed to refrain from physical activity. Today, you don't have to live with that pain anymore.



GET YOUR LIFE BACK, TODAY!

"If you suffer from sciatica, severe back or neck pain, you can find relief! If you are serious about getting your life back and eliminating your back and neck pain, my staff and I are serious about helping you and proving how our technology and experience can help. We are extending the offer of a $49 consultation to the first 30 callers. These spaces fill up quickly so call today to reserve your spot."

— Dr. Nick Ungaro, D.C.

SPACE IS LIMITED TO THE FIRST 30 CALLERS!
CALL TODAY TO SCHEDULE YOUR CONSULTATION.

PATIENT FINDS RELIEF

"Before the procedure, I was living with stabbing leg pain. I had back pain for years and tried just about everything for relief with no success except taking a lot of pain pills. Years ago I had a surgery, but now I was worse than when I started. I had spent 2 weeks confined to my bed, sweating bullets. The pain pills stopped helping and I suffered terrible spasms. I couldn't walk at all, I had to crawl to use the toilet. Over time, I was able to move around again, but not for long. Walking for more than 30 minutes was too much and I had to rest. When I first read about the DRX-9000, I couldn't believe it. I decided to give it a try because I was desperate and frankly, I had no other options. After about 2 weeks I started to feel better. By 4 weeks I was playing with my grandchildren, bending over, able to walk around. The best part was that I had my freedom back. I didn't depended upon anybody. Now, I'm back to playing golf again which I'll enjoy this winter in Florida!"

— Jack F.

Start living your life pain free!

Covered by most insurance companies

SPACE IS LIMITED TO THE FIRST 30 CALLERS!

Call today to schedule your $49 *($250 Value)* consultation.

Call now if you experience any degree of back or neck pain.

CALL TODAY! 917-790-0638

Better Body Solutions
535 5th Avenue, Suite 920, New York, NY 10017

www.betterbodysolutions.com

Due to Federal Law some exclusions may apply.

Copyright © Epic Marketing 2012

Russian church tells 'Pussy Riot' to repent before appeal

The Russian Orthodox Church yesterday called for members of the Pussy Riot punk band to repent, on the eve of an appeal court hearing they hope will quash their two-year jail sentences for performing an anti-Kremlin song in Moscow's main cathedral.

The three women — who belted out a "punk prayer" criticizing President Vladimir Putin's close ties to the Russian Orthodox Church — were convicted of "hooliganism motivated by religious hatred."

The tough jail sentences they received saw the West sharply criticize Putin because of doubts over the independence of the judiciary, and global celebrities called for leniency for the women. **REUTERS**

In the news

Pope's bid to heal wounds with Catholic rebels looks doomed

PARIS. Pope Benedict's bid to draw rebel Catholic traditionalists back to the Roman fold, seems to have hit a dead end with little apparent hope of a solution.

Two leaders of the Society of St Pius X, which broke away over reforms of the 1962-1965 Second Vatican Council, have recently rejected his conditions for their rehabilitation after a series of contacts following his 2005 election as pope. **REUTERS**

Israel looks to Azerbaijan as a way to attack Iran without US assistance

Israel's "go-it-alone" option to attack Iran's nuclear sites has set the Middle East on edge and unsettled its main ally at the height of a U.S. presidential election campaign.

Prime Minister Benjamin Netanyahu exudes impatience, saying Tehran is barely a year from a "red line" for atomic capacity. Many fellow Israelis, however, fear a unilateral strike, lacking U.S. forces, would fail against such a large and distant enemy.

But what if, without Washington, Israel were not alone?

Azerbaijan, the oil-rich ex-Soviet republic on Iran's far northern border, has, say local sources with knowledge of its military policy, explored with Israel how Azeri air bases and spy drones might help Israeli jets pull off a long-range attack.

That is a far cry from the massive firepower and diplomatic cover that Netanyahu wants from Washington. But, by addressing key weaknesses in any Israeli war plan — notably on refuelling, reconnaissance and rescuing crews — such an alliance might tilt Israeli thinking on the feasibility of acting without U.S. help.

But many doubt Azeri President Ilham Aliyev would risk harming the energy industry on which his wealth depends or provoking Islamists who dream of toppling his dynasty, in pursuit of favor from Israel.

Despite denials by Azerbaijan and Israel, two Azeri former military officers and two Russian intelligence sources told Reuters that Azerbaijan and Israel have been looking at how Azeri bases and intelligence could serve in a possible strike on Iran. **REUTERS**

KAREN MINASYAN/AFP/GETTY IMAGES

▶ The administration of U.S. President Barack Obama has made clear it does not welcome Israel's occasional talk of war.

Rare relationship

▶ Aliyev, an autocratic ally of Western governments and oil firms, has become a rare Muslim friend of the Jewish state — and an object of scorn in Tehran — is no secret; a $1.6-billion arms deal involving dozens of Israeli drones, and Israel's thirst for Azerbaijan's Caspian Sea crude, are well documented.

"Where planes would fly from — from here, from there, to where? — that's what's being planned now."

SECURITY CONSULTANT WITH CONTACTS AT AZERI DEFENSE HEADQUARTERS IN BAKU

We think it's time snorers had more attractive options.

eOs sleep

For the treatment of snoring & sleep apnea

Snorers, breathe a sigh of relief—we offer effective treatments beyond the mask.

At Eos Sleep, we start with an expert evaluation of your upper airway by a board-certified ENT physician. Then our coordinated team of specialists will make recommendations based on your particular diagnosis. Our wide range of options means you'll find the treatment that works for you ***and*** your bed partner. For many, it may be as simple as a 20-minute, procedure.

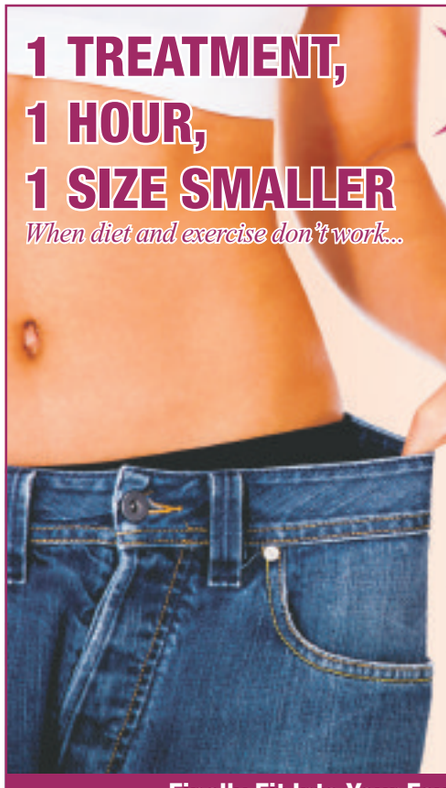
Open your eyes to an entirely new approach to treating snoring and sleep problems. **Eos Sleep is here.**

888-485-0466
New York City • Long Island
EosSleep.com

1 TREATMENT,
1 HOUR,
1 SIZE SMALLER
When diet and exercise don't work...

liposonix.

Liposonix:
Fat Reduction Without Surgery



- New, FDA approved, revolutionary treatment
- Uses high intensity ultrasound to eliminate stubborn fat— no more muffin top!
- Reduce fat without surgery

Finally Fit Into Your Favorite Jeans Again!

Manhattan Medical Weight Loss
110 East 40th Street, Suite 606, New York, NY 10016 • **212-490-7700**
Manhattanmedicalweightlossphysician.com

New York's Original, Non-surgical, First Choice for Knee Pain Relief.

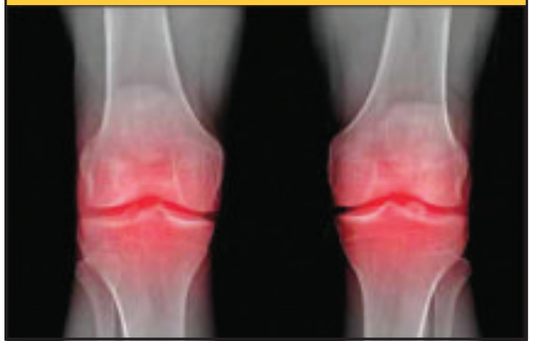
If You Still Have Knee Pain After All Else Fails, *You Haven't Met Us!*

Want to AVOID Knee surgery?

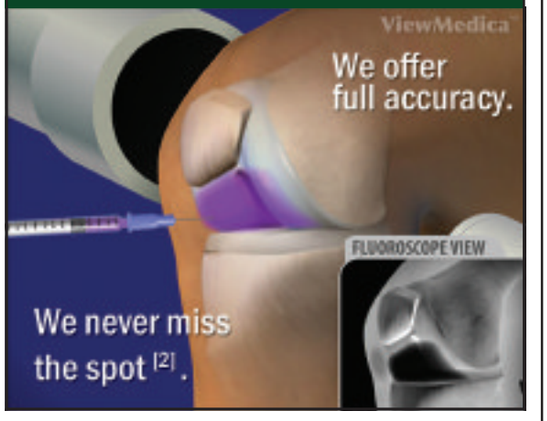
According to the AAOS, there are about 270,000 knee replacement operations performed each year in the United States. This image depicts the procedure.

Our program could be the solution you are looking for.

Our solution...
Our office uses Hyalgan® for
KNEE PAIN



Precision is the difference.



* Coinsurance and deductible apply. | General 1 Medical P.C. - Financial District

Copyright© 2012 NY Wellness Solutions, Inc. | Deductibles and co-pays apply.

We work with:

Medicare GHI PPO · Aetna PPO · UnitedHealthcare PPO · Blue Cross Blue Shield PPO · CIGNA PPO · 32BJ Oxford PPO

Call us now at **(212) 679-6490**

To view videos about our procedures visit: **KneesofNY.com**

Accessible by: 1 2 3 4 5 6 A C E J Z
130 William St., Ste. 903,
btw Fulton & John St. - NYC 10038

Procedures are not covered by Medicaid, HMO plans, or Worker's Comp.

ADVERTISEMENT

FDA REGISTERED

Are foods making you **sick** or **fat?**

Find out with our one-of-a-kind blood test.

weight problems
skin conditions
digestive disorders
migraines
chronic fatigue
ADHD
aching joints
arthritis
and many more

Take our unique blood test that can change your life.

Learn exactly which foods your body **cannot** tolerate or digest (this is a food sensitivity test, not an allergy test).

Call us now at **(212) 679-6490**

To view videos about our procedures visit: **General1Medical.com**

Accessible by: 1 2 3 4 5 6 A C E J Z
130 William St., Ste. 903,
btw Fulton & John St. - NYC 10038

Tests are not covered by Medicare, Medicaid, HMO plans, or Worker's Comp.

2 DAYS ONLY!

BUYING 2 DAYS ONLY!

2 DAYS ONLY!

FOR IMMEDIATE CASH

THIS WEEK

THIS WEDNESDAY, OCTOBER 3rd & THURSDAY, OCTOBER 4th!

Starts this Wednesday at these 2 convenient locations: The Hilton New York and the Marriott Brooklyn Bridge.

Gold & Silver Jewelry, Watches, Coins, Sterling Silver Flatware & Diamonds!

WHY NOW IS A GOOD TIME TO SELL! The economic downturn of the last few years has caused the price of gold, silver and many commodities to their highest levels in over 30 years. This is the best time in decades to sell your unused gold, silver, platinum and diamond jewelry at the highest prices ever.

FINE JEWELRY

All Kinds, Time Periods & Types

We will pay up to the following for rare & collectible jewelry:

Silver Jewelry	Up To...$750	Art Deco	Up To...$13,000
Brooches	Up To...$15,500	Cuff Links	Up To...$1,000
Pendants	Up To...$8,000	Pins	Up To...$5,500
Necklaces	Up To...$26,000	Rings	Up To...$16,000
Cocktails Rings	Up To...$15,500	Art Nouveau	Up To...$12,500
Charm Bracelets	Up To...$5,500	Lavalieres	Up To...$8,000
Earrings	Up To...$10,500	Garnets Jewelry	Up To...$1,000
Bracelets	Up To...$13,000	Bakelite Rings	Up To...$750
Cameos	Up To...$750	Floral Design	Up To...$10,500
Victorian	Up To...$10,500		

We Need Your Jewelry Items!

Bring in your unwanted jewelry in any condition for a free evaluation and a cash offer today!

We pay more for rare items. Many more items not listed accepted!

DIAMONDS

Instant Cash For:

1/4 Carats	Up To	$375
1/2 Carats	Up To	$1,500
1 Carats	Up To	$4,250
2 Carats	Up To	$15,250
3 Carats	Up To	$20,000
4 Carats	Up To	$35,000
5 Carats	Up To	$43,000
6 Carats	Up To	$55,000

We Need Larger Diamonds! 2 Carats and Up!

We buy all shapes, sizes & styles of cuts. Also diamonds with or without GIA certificates as well as old miners and European cuts

Bring your items in for a FREE EVALUATION!

SILVER JEWELRY

We Buy in Any Style & Condition!

Both Men &Women's Silver Jewelry Purchased

- Rings
- Earrings
- Chains
- Necklaces
- Pendants
- Bracelets
- Anklets
- Toe Rings
- Engraved

GOLD

All Types Needed Instant Cash For:

Pay up to for the following:

Chains & Necklaces	Up To	$250
Class Rings	Up To	$500
Charm Bracelets	Up To	$5,500
Wedding Bands	Up To	$250
Mountings	Up To	$750
Antique Items	Up To	$5,500
Single Flatware Items	Up To	$750
Dental Gold Items	Up To	$500
Coins & Bullion		Bring for quote
Scrap Gold		Bring for quote

We Buy Anything Made of Gold or Platinum, Even Broken or Damaged!

ALL TYPES OF COINS WANTED

We will pay up to for the following rare coins:

*U.S. Silver Halves 1934 and Older	*U.S. Three Cent Pieces 1889 and Older
*U.S. Silver Quarters 1932 and Older	*U.S. Two Cent 1873 and Older
*U.S. Silver Dimes 1934 and Older	*U.S. Indianhead 1 cent 1909 and Older
*U.S. Half Dimes 1873 and Older	*U.S. Large Cent 1857 and Older
*U.S. Nickels 1913 and Older	*U.S. Half Cent 1857 and Older

Your Coins Could be Worth Up To Hundreds - Even Thousands!

Check your items to see if you own any of these valuable coins:

U.S. Silver Halves - 1870 CC	Up To	$3,000
U.S. Silver Quarters - 1901 S Quarters	Up To	$2,500
U.S. Silver Dimes - 1885 S	Up To	$2,500
U.S. Half Dimes - 1802 Heraldic Eagle Reverse	Up To	$4,000
U.S. Two Cent - 1864 Small Motto	Up To	$1,000
U.S. Large Cent - 1803 Large Date Small Fraction	Up To	$1,250
U.S. Half Cent - 1793	Up To	$1,250

SILVER DOLLARS

We pay up to the following for rare dollars:

United States

1794 to 1803	1840 to1873	1878 to 1904
1836 to 1839	Trade Dollars	1921 to 1935

Your Coins Could be Worth Up To Hundreds - Even Thousands!

Check your items to see if you own any of these valuable coins:

1798 15 Stars obverse	Up To	$25,000
Gobrecht reeded edge dye alignment	Up To	$5,500
1873CC Liberty Sealed	Up To	$5,500
1878CC	Up To	$15,500
1889CC	Up To	$13,000
1928	Up To	$5,500

Our Aim is to Beat Most Offers!

We Strive to Beat All Legitimate Written Offers

Before Bringing your items to us, take them to other dealers. Have them give you legitimate offers in writing. Then bring your jewelry and written offers to one of our locations. Although no one can guarantee with certainty they are paying the highest price for an article at any particular time, we will strive to beat most legitimate written offers.

A Note Regarding the Up To Prices listed in this Ad

The condition and rarity of an item determines its price. If an item is in excellent condition and very rare it might be worth the up to price, or even more. However, if an item is in poor condition, the value will be lower. For example, a 1927 S Quarter could be worth $7,000 in new condition or less than $20 in poor condition. The up to price reflects items of exceptional quality and rarity. Although it is unlikely you will have these items due to their extreme rarity, feel free to bring whatever items you may have and we will evaluate them free of charge.

Customer Satisfaction

Most of our business comes from satisfied customers and referrals which includes their friends and families. Our staff is courteous and professional and we strive as a company to make your selling experience a pleasant one.

Free Admission • No Appointment Necessary
Safe & Secure • Onsite Security

Rapid CASH FOR GOLD
Licensed • Bonded • Insured

www.rapidcashforgold.com

2 DAYS ONLY! WEDNESDAY & THURSDAY AT THESE 2 LOCATIONS!

Wednesday, October 3rd: 11AM-6PM
Thursday, October 4th: 11AM-6PM

THE HILTON NEW YORK

1335 Avenue of the Americas, New York, NY 10013

(6th Ave between 53 & 54th St) • **CONCOURSE LEVEL**

Wednesday, October 3rd: 11AM-6PM
Thursday, October 4th: 11AM-6PM

MARRIOTT BROOKLYN BRIDGE

333 Adams St., Brooklyn, NY 11201 *(Between Tillary & Willoughby St)*

FULTON FERRY SUITE

2 DAYS ONLY!

BUYING 2 DAYS ONLY!

2 DAYS ONLY!

FOR IMMEDIATE CASH

THIS WEEK

THIS WEDNESDAY, OCTOBER 3rd & THURSDAY, OCTOBER 4th!

Starts this Wednesday at these 2 convenient locations: The Hilton New York and the Marriott Brooklyn Bridge.

Gold & Silver Jewelry, Watches, Coins, Sterling Silver Flatware & Diamonds!

2 DAYS ONLY!

at **the HILTON NEW YORK HOTEL & the MARRIOTT BROOKLYN BRIDGE.**
THIS WEDNESDAY, OCTOBER 3rd & THURSDAY, OCTOBER 4th

YOUR ITEM LIST

Take a few moments to check ✓ off the items you may have that we need!

✓ **JEWELRY:**
- ❑ Gold Jewelry
- ❑ Silver Jewelry
- ❑ Diamond Jewelry
- ❑ Wristwatches
- ❑ Pocketwatches
- ❑ Antique Jewelry
- ❑ Cameos
- ❑ Platinum Jewelry
- ❑ Charm Bracelets
- ❑ Gold Rings
- ❑ Garnet Jewelry
- ❑ Enamel Items on Gold & Silver
- ❑ Dental Gold

✓ **COINS & PAPER MONEY:**
- ❑ Silver Dollars (Pre-1935)
- ❑ Silver Coins (Pre-1964)
- ❑ Silver Bars
- ❑ Gold Bars
- ❑ U.S. Gold Coins
- ❑ Foreign Gold Coins
- ❑ Gold Bullion Coins
- ❑ Proof Sets
- ❑ Mint Sets
- ❑ Paper Money (1860-1934)
- ❑ Coin Collections
- ❑ Carson City Silver Dollars
- ❑ Indianhead Pennies
- ❑ Investment Coins
- ❑ Certified Coins

✓ **STERLING SILVER:**
- ❑ Silver Jewelry
- ❑ Flatware Sets
- ❑ Single Flatware Items
- ❑ Tea Sets
- ❑ Antique Items (all kinds)

PLEASE NOTE: We can arrange one of our representatives to visit your home if you have a large jewelry and coin collections.

STERLING SILVER

All Time Periods, Kinds & Types

We will pay up to for the following:

Centerpieces	Up To	$3,500
Claret Jugs	Up To	$750
Full Flatware Set	Up To	$8,500
Punch Bowls & Sets	Up To	$5,000
Single Flatware Items	Up To	$750
Tea Sets	Up To	$5,000
Trophies	Up To	$1,500

We Buy Any Type of Sterling Silver!

We purchase sterling silver of all types and makers. Rare and unusual items command the highest prices.

GOLD COINS

We pay up to the following for rare gold:

United States

*$1.00 1849 to 1889	*$5.00 1795 to 1833	*$10.00 1795 to 1804
*$2.50 1796 to 1834	*$5.00 1834 to 1838	*$10.00 1839 to 1932
*$2.50 1840 to 1929	*$5.00 1839 to 1908	*$20.00 1850 to 1933
*$3.00 1854 to 1889	*$5.00 1908 to 1929	

Your Coins Could be Worth Up To Hundreds — Even Thousands!

Check your items to see if you own any of these valuable coins:

$1.00	1849C	Up To	$10,500
$2.50	1796 Capped Bust large left side	Up To	$18,000
$2.50	1841 Quarter Eagle Liberty Head	Up To	$5,000
$3.00	1854D	Up To	$10,500
$5.00	1795 Small Eagle	Up To	$52,000
$5.00	1838D	Up To	$10,500
$5.00	1842C Small Date, 1861D, 1864S	Up To	$6,500
$5.00	1909O, 1929	Up To	$6,500
$10.00	1793 13 Leaves Below Eagle, 1796 9 Leaves Below Eagle	Up To	$20,500
$10.00	1859O, 1863S, 1875	Up To	$8,000
$20.00	1856O, 1854O, 1860O, 1861S, 1870CC, 1886, 1891	Up To	$10,500

WRIST & POCKET WATCHES

All Kinds, Time Periods & Types

Rare Watches Worth a Fortune in Cash! Pay up to for the following:

Ball	$4,000	Gallet	$1,250	Seth Thomas	$1,500
Breitling	$15,000	Hamilton	$500	Tiffany & Co	$15,000
Cartier	$12,500	Illinois	$1,500	Ulyssee Nardin	$10,000
Corum	$3,000	Jules Jurgenson	$16,000	Chronograph Watches	$16,500
Ditishiem	$14,000	LeCourlte	$6,000	Ladies Watches	$11,000
Dudley	$11,500	Longines	$13,000		
E. Howard & Co	$12,000	Movado	$2,500		
Elgin	$750	Omega	$2,500		
Frodsham	$12,000	Rolex	$16,000		

PLEASE NOTE:
We also purchase watches that are NOT in working order.

Breitling
Up To $15,000

Rolex - All Kinds
Up To $16,000

Tiffany & Co.
Up To $15,000

Cartier
Up To $12,500

Longines
Up To $13,000

WANTED ALL SILVER COINS 1964 or Prior

Why You Should Sell Now!

The Economy & Market Value
The recent downturn of our economy during the last three years has caused gold and other precious metal prices to soar to the highest levels of all time. This is the reason this is best time to sell before prices drop.

Get Cash Immediately
Our professional staff will provide you with a speedy evaluation and make all payments in cash.

No Charge
We do not charge for our consultations. Find out how much cash your unwanted items will put in your pocket. Many customers have been surprised and delighted by the amount of money they received.

Professional & Courteous
Our staff is courteous and professional and we strive as a company to make your selling experience a pleasant one.

Licensed, Bonded & Insured
We are licensed, bonded and insured in all cities and towns in which we conduct business.

Help the Environment
Using recycled precious metals for jewelry is an important way for jewelers to source precious metals more responsibly. Precious metals that have already been used in some way, including "vintage," "renewed," or "reclaimed" metals from jewelry and electronics, are not directly implicated in the destructive impacts of mining. They do not share responsibility for the impacts of mining in the same way that newly mined gold does.

Satisfied Customer Testimonials

Really like it here! Everyone is very kind, great atmosphere. I have been back 4 times!
— *C. Pace*

I have been here 2 times and both times the people that work here were very friendly. I would definitely recommend this to my friends!
— *J. Grace*

It was really fast!
— *A. Davis*

I heard about this store from the radio and as soon as I got the chance I came to sell my unused jewelry. It was a great & friendly service and I will be back!
— *J. Simek*

My service was exceptional!
— *C. Sweeney*

Very informative & professional. A relaxed atmosphere & experience.
— *D. Rees*

The staff was helpful and friendly. I was able to take old jewelry and walk away with a handsome amount of money.
— *D. Smith*

I was offered a certain amount at one place and when I told RCFG the amount they beat the price by a good amount. People are very friendly and courteous.
— *J. Bloomquist*

Had fun selling my old jewelry that was broken. Received some extra cash for Springtime and our new puppy. I would reccomend RCFG!
— *C. Lang*

2 DAYS ONLY! WEDNESDAY & THURSDAY AT THESE 2 LOCATIONS!

Wednesday, October 3rd: 11AM-6PM
Thursday, October 4th: 11AM-6PM

THE HILTON NEW YORK

1335 Avenue of the Americas, New York, NY 10013
(6th Ave between 53 & 54th St) • **CONCOURSE LEVEL**

Wednesday, October 3rd: 11AM-6PM
Thursday, October 4th: 11AM-6PM

MARRIOTT BROOKLYN BRIDGE

333 Adams St., Brooklyn, NY 11201 *(Between Tillary & Willoughby St)*
FULTON FERRY SUITE

Rapid CASH FOR GOLD
Licensed • Bonded • Insured

www.rapidcashforgold.com

A call to end partisanship

Former deficit commission chair: Both sides must work on budget

The federal government is unable to erase its massive budget deficit because it's plagued by a deep, self-serving partisanship in Congress that's fueled by special interests like anti-tax crusader Grover Norquist, according to the former chairmen of President Barack Obama's deficit reduction commission.

"These trillion-dollar deficits, they are like a cancer, and they are going to destroy this country from within," said Erskine Bowles, a former chief of staff for then-President Bill Clinton. Bowles and Alan Simpson, a Republican and former senator from Wyoming, helped author a bipartisan plan to restrain the nation's $16 trillion debt, only to have it rejected on Capitol Hill.

The plan, which recommended a mix of spending cuts and tax increases, was killed off because too many lawmakers refuse to compromise for fear of endangering their reelection prospects, Bowles and Simpson told a group of George Washington University students while taping the Colorado-based "Aaron Harber Show." The show will be available to Comcast customers through the network's On Demand service. **HAYLEY PETERSON, WASHINGTON EXAMINER**

"We need folks here in Washington to wake up and put this partisanship aside. We face the most predictable economic crisis in history ... which is also the most avoidable crisis in history." **ERSKINE BOWLES**

Christie: Debate will turn race upside down

Three days before the first presidential debate, allies of Barack Obama and Mitt Romney debated yesterday how the encounter between contenders will influence the election on Nov. 6.

In typical straight-talking fashion, New Jersey Gov. Chris Christie predicted that fellow Republican Romney's performance at Wednesday's debate would alter the course of the campaign.

"This whole race is going to turn upside down come Thursday morning," Christie told CBS' "Face the Nation."

His comments strayed from the script of both campaigns, which have tried to play down their own candidate's chances at the debate in Denver and talk up their opponent. **REUTERS**

Surprise endorsement

JUAN BARRETO/AFP/GETTYIMAGES

▶ Venezuelan President Hugo Chavez, who is running for a fourth term, gave a surprise endorsement to Obama.

With both presidents facing tight reelection fights, Venezuela's Hugo Chavez gave a surprise endorsement to Barack Obama yesterday — and said the U.S. leader no doubt felt the same.

"I hope this doesn't harm Obama, but if I was from the United States, I'd vote for Obama," the socialist Chavez said of a man he reached out to in 2009 but to whom he has generally been insulting. **REUTERS**

What to look for during debates

1. **Romney on offense**: With less than six weeks to go, Romney must deliver a momentum-shifting performance. Obama merely must avoid catastrophe.
2. **Eyes never lie**: TV is a visual medium, and the body language of the candidates can have a bigger impact than their words.
3. **Who wins the first round:** The first 30 minutes often determine who will win the debate, though impact probably won't register in the polls for a few days.
4. **The devil's in the details:** Both candidates have charged the other with being loose with the facts. Expect them to keep it up. **REUTERS**

FOIA failures

As Obama nears the end of his term, his promise to "usher in a new era of open government" regarding the Freedom of Information Act has come up short, an analysis reveals. **BLOOMBERG**

19 out of 20 cabinet-level agencies disobeyed the law requiring disclosure of public information.

8 out of 57 federal agencies met Bloomberg's requests for information within the 20-day window.

Metropolitick

GREGORY KANE

PULITZER-NOMINATED NEWS AND OPINION JOURNALIST

THERE ARE BATS IN THE DEMOCRAT BELFRY, TOO

If Republicans and conservatives were the tit-for-tat type, we'd be claiming that all liberals, progressives and Democrats are as totally goofy as the singer Madonna. She's a big supporter of President Obama, Madonna is. And of same-sex marriage. And of that group of Russian rowdies known as Pussy Riot.

At a Monday concert in Washington, this is what Madonna said as she happily chirped about her support for Obama. "Now it's so amazing and incredible to think that we have an African-American man in the White House. ... We have a black Muslim in the White House. ... It means there is hope in this country, and Obama is fighting for gay rights, so support the man."

Fox News' website reported a few extra details from her comments: "Y'all better vote for [f—ing] Obama, OK? For better or worse, all right? We have a black Muslim in the White House. Now that's some amazing [s—]." Madonna would later claim her remarks had been made ironically. Kind of cute that she thinks people would buy that.

The 54-year-old pop star then stripped down to her bra, revealing that she had stenciled the word "Obama" on her back. Then, according to the Fox News report, she told the audience, "When Obama is in the White House for a second term, I'll take it all off."

Never has it been more imperative for a Republican to win a presidential election. I haven't seen one of those young black men in the Nation of Islam selling bean pies and Final Call newspapers on the streets of Baltimore or Washington who even REMOTELY looks like one Barack Hussein Obama.

As noted before, for all those misinformed people who have been incorrectly identifying Obama as a Muslim for years, the man is a Christian. Or at least he claims to be. I don't know how a person squares being a devout Christian with the near-fanatical devotion that Obama has to infanticide — he would call it being pro-choice — but who am I to judge? The fact is, the man has identified himself as a Christian, not a Muslim.

Quoted

[Madonna] then stripped down to her bra, revealing that she had stenciled the word "Obama" on her back. Then, according to the Fox News report, she told the audience, "When Obama is in the White House for a second term, I'll take it all off." Never has it been more imperative for a Republican to win a presidential election.

We now have to wonder just where in liberal fantasyland Madonna is getting her facts. Probably from the same place that New York Rep. Yvette Clarke, another Democrat, gets hers.

In early September, Clarke appeared on Comedy Central's "Colbert Report." As it turned out, she was on the right network. "If you could get in a time machine and go back to 1898, what would you say to those Brooklynites?" host Stephen Colbert asked Clarke, who represents a portion of Brooklyn. "I would say to them, 'Set me free,'" Colbert answered.

What, Colbert asked, would Clarke want to be free from in the New York of 1898?

"Slavery," Clarke answered. "Slavery? Really?" Colbert answered. "I didn't realize there was slavery in Brooklyn in 1898." (Colbert must be a guy who really likes rolling the dice with his sanity.)

"I'm sure there was," Clarke persisted.

"Who would be enslaving you in 1898 in New York?" Colbert asked. "The Dutch," Clarke answered. "Those sneaky Dutch bastards," Colbert jested.

"Exactly," Clarke responded, too daffy to realize she had just been the butt of what might be the joke of the decade. According to a story on The Huffington Post — which did manage to run this story of an example of what happens when liberals and Democrats go dingbat — Clarke was at one point chairwoman of the U.S. House Homeland Security Subcommittee on Emerging Threats, Cybersecurity, Science and Technology.

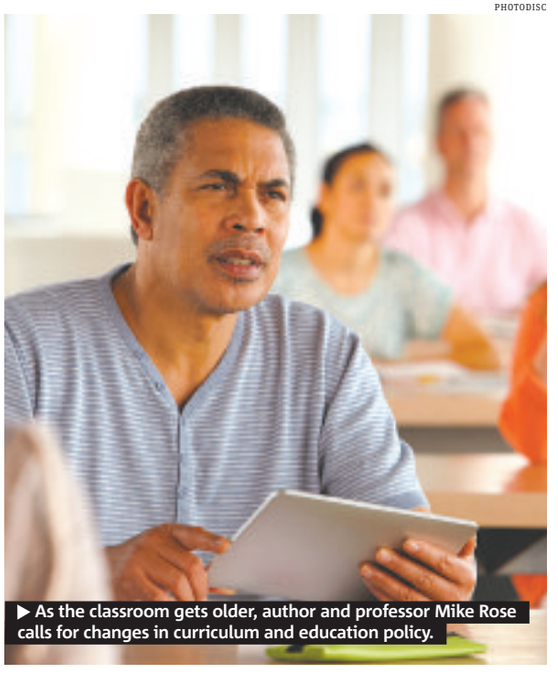
If that's not enough to make you move to Canada, I don't know what is.

*– Examiner Columnist **Gregory Kane** is a Pulitzer-nominated news and opinion journalist who has covered people and politics from Baltimore to the Sudan.*

Metro does not endorse the opinions of the author, or any opinions expressed on its pages. Opposing viewpoints are welcome. Send 100-word submissions to letters@metro.us.

The changing face of college classrooms

PHOTODISC



▶ As the classroom gets older, author and professor Mike Rose calls for changes in curriculum and education policy.

▶ As adult students sign up for courses, policymakers and institutions struggle to catch up ▶ Mike Rose on his new book and recommendations

Longtime author and UCLA education professor Mike Rose has been teaching "non-traditional" students for more than 30 years. In his latest book, "Back to School: Why Everyone Deserves a Second Chance at Education," Rose is adamant that an alternative path to higher education is fast becoming the norm, and it's about time colleges — as well as policymakers — adjust to that fact.

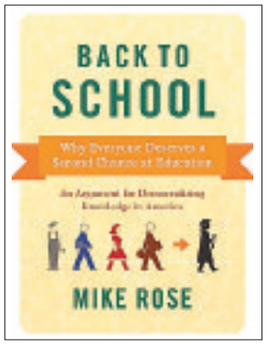
"There's a push right now from all over — government, economists, private business — for people to get more education," says Rose. "Yet we're seeing drastic budget cuts to adult schools, community and state colleges. These are the very institutions that can provide the services everyone thinks are so key to the nation's success."

But "Back to School" isn't just focused on big-picture policy debates. Mining his vast experience in adult literacy, Rose challenges outdated theories. Among many suggestions, he advocates an immersive approach to remedial education, which, ideally, respects the intelligence of students while helping them develop core skills along the way.

"So many of these courses are locked into an approach that has been shown again and again not to be effective. They believe that if people are struggling with writing, you have to break it down into its tiniest parts. So people are stuck doing very basic language tasks," says Rose. "But the approach is too disembodied. We need to realize that just because folks might make spelling or verb tense mistakes, doesn't mean they can't deal with complex ideas. Let's create a curriculum that's rich in complex ideas, along with a lot of assistance in places where people need it."

Quoted

"Across the county we're seeing an increase in age of college students. ... This has been a significant trend for a while, so pretty soon we won't be able to use the term 'non-traditional.'" AUTHOR MIKE ROSE



45
Percentage of postsecondary students in the U.S. who don't enroll in college directly out of high school

BRUCE WALSH
bruce.walsh@metro.us

BECOME A MASSAGE THERAPIST

Get Trained in High Demand Massage Techniques:

- Myofascial Release
- Craniosacral Therapy
- Sports Massage
- Swedish
- Shiatsu
- Reflexology

Conveniently located in Manhattan's Financial District
Easy access to express subways and buses.

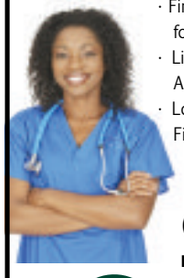
Call Today! (888) 500-0953
mildred-elley.edu
25 Broadway, Floor 16 | New York, NY

MILDRED ELLEY

Accredited Member, ACICS
For Albany extension program details and disclosures visit mildred-elley.edu/disclosures

NEW Online Courses: transcription and coding careers. Call to learn more! (888) 414-6154

MEDICAL ASSISTING



- Financial Aid & Scholarships for those who qualify
- Lifetime Job Placement Assistance
- Located in Manhattan's Financial District

Enroll Now!
(866) 688-3018
mildred-elley.edu
25 Broadway, Floor 16
New York, NY

MILDRED ELLEY
For program details and disclosures visit mildred-elley.edu/disclosures

NURSE AIDE TRAINING
CNA

- Class one day per week
- Located in Manhattan's Financial District

Call Today!
(800) 791-4772
mildred-elley.edu
25 Broadway, Floor 16
New York, NY

MILDRED ELLEY

THE WINDSOR SCHOOL
- Established in 1969 -

- Private Middle and High School
- Registered by NY State Education Department
- Accredited by Middle States Association

Moving To: 37-02 Main Street Flushing, NY 11354
135-22 37th Ave., Flushing, NY 11354

- More modern facilities • Outstanding and expanded faculty
- Wi-Fi and computers in every classroom
- Receive an academic foundation to prepare for the future

OPEN HOUSE
between the hours of 11:00am to 1:00pm on Wednesday, Oct. 3rd, 2012.
Lunch will be served during the Open House for guests.

Special Classes:
Saturday - SAT Prep Classes in Critical Reading, Writing, Math
Saturday - SAT Subject Prep Classes in Biology, Chemistry, Physics, Math Level 1 and 2
Saturday - PSAT Prep Classes in English and Math

ALL CLASSES TAUGHT BY EXPERIENCED HIGH SCHOOL TEACHERS.

Our mathematics team placed first in the NYML competition 2011-2012 (www.themathleague.com)
We have an outstanding college acceptance record.
High school diploma program for students who are in middle or high school (includes study in English as a Second Language).
Pre-University program for students who have competed high school. English as a second language program for beginner, intermediate or advanced students.
No previous knowledge of English is necessary.

PROGRAMS
• Grade 6-12 • AP Classes • ELS Classes
Help with college selection and application, SAT and TOEFL Support

Our New Address Please visit or call for more information
37-02 Main Street, Flushing, NY 11354, 135-22 37th Ave., Flushing, NY 11354
Phone: 718-359-8300, Fax: 718-359-1876 Website: www.windsorschool.com

myentertainment

THE WORD

Metro's **Dorothy Robinson** shares her take on the world of gossip @dorothyatmetro dorothy.robinson@metro.us

The feed ...

Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

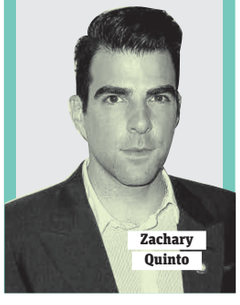
Today, Kelly Clarkson doesn't know what's become of her, Zachary Quinto has all the answers, Jonah Hill is hopefully kidding and Jared Followill gets hitched.

@kelly_clarkson
So I recently started acupuncture and yoga ....next thing you know I'll be going to coffee shops and writing in a journal Whatever works ha!

@ZacharyQuinto
if you don't want to listen to a liberal gay marriage supporting actor type... then don't.

@JonahHill
My feelings are more important than yours

@youngfollowill
Today, I get married. It's the biggest step I've ever taken. I've dreamed about this day since I was a little girl.



Zachary Quinto

A big weekend for eternal celebrity love

Let's get a rundown of all the fancy celebrity weddings we weren't invited to over the weekend, shall we?

First up is **Anne Hathaway**, 29, who married actor and jewelry designer **Adam Shulman**, 31, her boyfriend of more than four years, in a private ceremony in Big Sur, Calif. Hathaway donned a Valentino Garavani gown for the sunset ceremony that had about 180 guests in attendance.

Second: Kings of Leon bassist **Jared Followill**, 25, and model **Martha Patterson**, 21, who were married at Front Porch Farms about 40 miles outside of their Nashville home. A guest told People that "they had a great farm-to-table cuisine with all of their favorite things. It was down home and very real. It was very much true to their style."

Meanwhile, it was an international affair for "So You Think You Can Dance" host **Cat Deeley**, 35, who married Irish singer and TV host **Patrick Kielty**, 45, in Rome on Saturday.

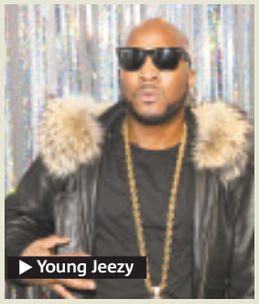
▶ Followill posted this picture to his Instagram account with the caption, "Aaaaaand I'm married. Happiest man in the world."

Shoving leads to gunfire at BET Awards

Scuffles broke out at the BET Hip-Hop Awards on Saturday in Atlanta. **Rick Ross** and **Young Jeezy** were reportedly involved in an altercation backstage at the annual awards ceremony. **Funk Master Flex** posted to Twitter that he witnessed "pushing and shoving" between the two. Then the rappers and their entourages took the fight outside. Shots were reportedly fired in the parking lot by a member of Rick Ross' entourage.

The gunman was apprehended by the Atlanta Police Department. AllHipHop.com sources also reported that **50 Cent** and **Gunplay** were involved in an altercation as well.

Considering his history, 50 should know to stay away from gunplay at all costs.



▶ Young Jeezy

Rowling. Reads

▶ Rowling poses for photographers with her new book "The Casual Vacancy."

GETTY IMAGES

Moving on from Muggles

J.K. Rowling read from her first novel for adults, "The Casual Vacancy," in London on Thursday. Despite critics being less than enthusiastic for the book, it's on target to be a huge bestseller for the "Harry Potter" author (no surprise there).

Talking points

More on the love reunion of Stewart and Pattinson

While **Kristen Stewart** and **Robert Pattinson** seem happy to be back together after her cheating scandal over the summer, their friends reportedly aren't so thrilled about the rekindled romance, according to Hollyscoop. "Kristen and Rob's friends absolutely don't believe that this reconciliation is going to last. Rob believes that Kristen didn't sleep with [director] **Rupert [Sanders]**, but the fact is she still cheated on him," a source says. "Rob's pals think it was easier for him to get back together with her right now because of the upcoming publicity blitz they are going to embark on to promote 'Breaking Dawn.'" As for the long-term prospects of the reunited couple? They aren't so optimistic: "Kristen loves Rob, no question about it, but she just isn't as mature as he is," the source says. "Rob's buddies would be stunned if the couple goes the distance."

Kutcher had a thing for Kunis for years

Ashton Kutcher's new romance with **Mila Kunis** has apparently been a long time coming, according to Us Weekly. "He's always had a thing for her," a source says. "It's a real infatuation." The pair have reportedly been together for five months but have kept things quiet until recently, as they've been spotted all over New York City offering up plenty of public displays of affection.

▶ Malin Akerman

Akerman expecting her first little one

"Rock of Ages" star **Malin Akerman** is pregnant with her first child, her rep confirms to Us Weekly. Akerman and husband **Roberto Zincone** have reportedly been eager to have kids since tying the knot five years ago.

Hemsworth does not dig Cyrus' online writings

Miley Cyrus' recent bout of soul-searching on Twitter is making waves at home, according to Star magazine, as fiance **Liam Hemsworth** reportedly didn't appreciate some of the private musings she posted. "Miley's tweet was such a huge insult to Liam. She tried to pass it off like it had nothing to do with him, but it totally affected him, no matter what she tries to say," a source says. (The tweet in question? "Thought of the day: maybe it's not that they love you less, they just love you the most they are capable of loving.")

Entertainment shots from the weekend

1 **Jessica Stroup** and **Carmen Electra** attended the "90210" 100th episode celebration at Pink Taco Sunset Strip on Saturday in Los Angeles.

2 **Dan Auerbach** of The Black Keys rocked the Global Citizen Festival in Central Park To End Extreme Poverty at Central Park on Saturday in New York City.

3 **Kelly Ripa** visited the "How To Train Your Dragon" Live Spectacular at the Izod Center on Saturday in New Jersey.

4 **Mike Epps** performed onstage at the 2012 BET Hip Hop Awards.

5 **Eva Longoria** and comedian **George Lopez** arrived at the Padres Contra el Cancer's 12 annual "El Sueno de Esperanza" gala at the New Tropicana Las Vegas on Saturday in Las Vegas. The event raises funds to help fight childhood cancer.

6 All that bling can't cover up that inked chest: **Rick Ross** performed onstage at the 2012 BET Hip Hop Awards at Boisfeuillet Jones Atlanta Civic Center on Saturday in Atlanta.

1. MICHAEL BUCKNER/WIREIMAGE
2.KEVIN MAZUR/WIREIMAGE
3. BRUCE GLIKAS/FILMMAGIC
4,6.RICK DIAMOND/GETTY IMAGES FOR BET
5. ISAAC BREKKEN/GETTY IMAGES

- State of the art non-surgical treatment for foot and heel pain
- Minimal invasive procedures for corrections of bunions and hammertoes
- Weekend and evening appointments available
- Most insurance plans honored
- Free consultation ■ Non-injection therapy for heel pain
- 1 2 3 A B C 4 5 6 N R

New Cutting Edge Laser for Toe Nail Fungus!
ONLY $500
Expires 10/31/12
Redeem with ad

Offices of Dr. Jeffrey Rosenblatt, DPM • Dr. Larry Cohen, DPM

225 Broadway, Suite 1420
New York, NY 10007
212-385-3800
(Financial District)

Grand Central-Midtown
15 West 44 St. , 8th FL
New York, NY 10036
212-391-1279

375 Jay St., 2nd FL
Brooklyn, NY 11201
718-875-9251
(Metrotech)

Long Island Location
543 Hempstead TRK
West Hempstead, NY 11552
516-292-0023

Convenient Lower Manhattan & Brooklyn Locations!

Lower East Side Preparatory High School
"Ranked One of the 50 Best High Schools in NYC"
-US NEWS AND WORLD REPORT

Are you 17-21 years old? Do you want to transfer to a safe, supportive environment? Get a great education! Lower East Side Preparatory High School is the right school for you!

Lower East Side Preparatory High School is a FREE NYC Department of Education Public High School that has been serving the City for over 40 years. We offer a quality education that caters to students of many backgrounds

We offer...
- Academic Advisement
- College/Career Planning
- AP Classes
- Regents Prep. Courses
- PSAL Sports
- Tech./Science Labs
- Robotics Competitions
- Photoshop and Video Arts Classes
- Cooking Classes
- A Biomedical Engineering Program (for qualified students)

Questions? Call Cheechee Kung, our parent coordinator, at 917-284-2828 now for answers. Don't wait--call us today!

Eligibility
- NYC Residents and Immigrant Students Aged 17-21
- Minimum of 10 H.S. Credits
- 2 Passed Regents Exams
- Ability to Graduate by Age 21

Student Walk-Ins Welcome
Registration Daily 9-11am
Call now for a tour!

Bring These With You...
- Parent or Guardian
- Transcript
- Immunization Record
- Transfers Form and Attendance Record (NYC Students)
- Proof of Residence (gas/electric bill)

Directions By Subway: J, M, Z, F to Delancey/Essex St.
BY BUS: M15 to Rivington and Allen street, MI4 (avenue A or B) to Rivington and Essex Street

Lower East Side Preparatory High School

145 Stanton St.
New York, NY 10002

Phone 212-505-6366 or 68
Fax 212-260-0813

www.lespnyc.com

NORMAN SEEFF

A change of Heart

▶ Nancy and Ann Wilson get "Fanatic" on Heart's new album, out on Tuesday.

Seattle sisters get introspective on their new album ◐ 'This one really took all of me,' says Ann Wilson

Ann Wilson is struggling for words to describe the emotional pull she felt while making Heart's brand new "Fanatic." Even after 14 studio albums, the singer wasn't phoning it in.

"Ahh," she sighs. "This one really took all of me. I felt like I'd been struck by lightning by the time it was finished."

The passion is palpable from the get-go as the forceful title track barrels out on sister Nancy's fierce guitar riffs and Wilson's banshee wail makes what's either a band statement or social commentary: "Don't try and tell me the world is changing/Heart's getting stupid," she sings.

"It's definitely us contemplating," she says. "We're suggesting that we use some of our higher powers to love and solve some of our problems. We're a very sick society, so that could be a very healing thing. It's an old idea, right, but it's a very great idea."

Wilson is talking deep stuff.

"Committed stuff, sure," she says. "We've got opinions. It's not just a bunch of slow dances."

The album, however, does slow for "Walkin' Good," a lovely duet between Nancy and Canadian singer Sarah McLachlan, whom the Seattle rockers met playing McLachlan's femme-fronted music festival, Lilith Fair, last year.

"We met so many great women," says Wilson, before adding that she doesn't delineate music by gender.

"Is it Best Male Guitarist and Best Female Guitarist? Or is it Best Guitarist," she proposes. "That's the list I'd like to see."

▶ **Heart**
with Alejandro Escovedo and The Sensitive Boys
Wednesday, 8 p.m.
Beacon Theatre
2124 Broadway at 74th Street
$45-$140, 212-465-6500
www.beacontheatre.com

Going to the superprom

Story of Heart, Soul and Rock and Roll." Plus, just two days before Metro spoke with Wilson, Heart got a star on the Hollywood Walk of Fame.

This year saw Heart issue a massive anthology, "Strange Euphoria," and a biography, "Kicking and Dreaming: A

▶ "It was such a Hollywood event," Wilson giggles. "When you don't come from Hollywood, boy, is it ever a dose of Hollywood. And such an honor of course. We got all dressed up and had makeup and hair done. It was like going to superprom."

LINDA LABAN
linda.laban@metro.us

TV watch list

'iHeartRadio Music Festival'

SPECIAL. Rihanna, Bon Jovi, Taylor Swift, Mary J. Blige and other top artists play the usual kind of sets you'd expect to find at an event like this one, held over two days in Las Vegas last month. Green Day, meanwhile, added a little extra, unexpected flair with frontman Billie Joe Armstrong's now-viral, expletive-filled rant — which we're guessing will be edited out of this special (but you can still find on YouTube).
8 p.m., The CW

'Castle'

DRAMA. Secret relationships are fun until a flirty reporter begins to put the moves on Castle, and jealousy might get the best of Beckett.
10:01 p.m., ABC

'Anthony Bourdain: No Reservations'

REALITY. We could get teary over Bourdain's final season, but we're too busy wiping away the drool as the host explores Burgundy with French native celebrity chef Ludo Lefebvre.
9 p.m., Travel Channel

AMBER RAY

spa Jolie
SLIMMING AND LASER CENTER FOR MEN & WOMEN

Zerona Full Body Inch Loss System
Lose 3-9 inches in 2 weeks!
Permanent & Painless – Guaranteed!
6 Full Body Treatments $299

Fat Buster Destroys Fat Cells
Eliminates cellulite, Permanent and Painless, $80 per area

Thermage For Body:
One time treatment, Non surgical tightens & smooths wrinkled And sagging skin..any area $899

Thermage For Eyes:
Reduce eye hooding, eye bags, crows feet. Full Eyes $499

Suffering from Stretchmarks?
Fractional Laser Treatment:
Reduces stretch marks, large pores and acne scars
6 for $299 any area

Spa & Salon Services
Slimming Body Wrap with Mini Facial:
Eliminates Toxins $50
Deep pore facial with Oxygen $50
Manicure with Pedicure $18
Waxing: Back, Chest, Full Leg, Brazilian or Butt $18

Laser Hair Removal Deals
Underarms, Chin, Sideburns, or Lip. 6 for $150
Full: Legs, Arms, Back, Chest, or Butt 6 for $299
Half Arms, Half Leg, Bikini, Brazilian, or Face 6 for $199

Painless Workout Machines
Body Toner and Circulation:
The machine does all the work, you get all the results!
20 min workout, equivalent to 1 hour in gym $15 for 2 Workouts

*Purchase deals in advance in person or via phone, no limit, does not expire once purchased.
*Pre-pay over phone.
*Cannot be combined with existing packages.
Make great holiday gifts!

180 7th Avenue South • West 11th & Perry St. • (212) 229-0399
FREE CONSULTATION FOR MEN & WOMEN
Deals Expire Oct. 15th

DENTAL CENTER
IN THE CHRYSLER BUILDING
42ND AND LEXINGTON
Invisalign Special
$3699 for a full treatment
$2699 for an express treatment
Please call for a consultation appointment.
EMERGENCIES WELCOME
www.kakosiandental.com
888-711-0267
Grand Opening
NEW OFFICE
204 East 35th St Bet 2nd & 3rd
Invisalign Special
$3699
for September Only!!

ACCIDENT?
CAR ACCIDENTS • MEDICAL MALPRACTICE • SLIP, TRIP & FALL ACCIDENTS
CONSTRUCTION ACCIDENTS • WORKERS' COMPENSATION • LEAD PAINT POISONING
• ALL OTHER ACCIDENTS •
FREE CONSULTATION
NO FEE UNLESS WE RECOVER MONEY FOR YOU
HOME & HOSPITAL VISITS
RORY M. SHECTMAN, ESQ.
445 PARK AVENUE, 9TH FLOOR, NY, NY 10022
(212) 889-2808

RUSH
PASSPORTS & VISAS
- Passport Renewals original/photos
- All Visas–All Consulates
- DMV License Plates
10% Discount with this Ad
IT'S EASY INC
30 Rockefeller Plaza, N.Y. Concourse level –A licensed private service bureau. Pick-up and delivery available
itseasyservices.com
877-33-ITS EASY
CALL TODAY
24 Hour Service Available

SONY PICTURES PUBLICITY

Box office

▶ Adam Sandler gives voice to Dracula in "Hotel Transylvania."

Monsters rule box office in 'Hotel Transylvania'

"Hotel Transylvania," a family film about a luxury resort for monsters, scared off competitors at the weekend box office with a chart-topping $43 million in U.S. and Canadian ticket sales, setting a record for the biggest September opening ever.

The 3-D, animated "Hotel Transylvania" features the voices of Adam Sandler and Selena Gomez in a story set at a hotel run by Dracula. As Frankenstein, the Invisible Man and other monsters gather for a party, a human boy stumbles on the resort and falls in love with Dracula's daughter.

In second place, new science fiction movie "Looper" took in $21.2 million from Friday through Sunday, according to studio estimates. Last weekend's winner, police drama "End of Watch," landed in third place with $8 million.

Sony Corp.'s movie studio released "Hotel Transylvania" and "Looper." "End of Watch" was distributed by Open Road Films.

REUTERS

DENTAL IMPLANTS

$395* per Implant

+Post $595
+Crown $795
Total $1,785

*Implant, abutment & crown must be completed at our office to qualify for promotional fees

Speak with your Smile Today! Expires 10/31/12

Contemporary Dental Implant Centre

CONTEMPORARY DENTAL IMPLANT CENTRE

8 Convenient Locations

41st & Madison Avenue • Brooklyn
Valley Stream • Smithtown (Suffolk County)
Massapequa Park • Scarsdale
Rego Park • Wall Street

CT Scan-3D Views of the Jaw now available at our Madison Ave. location.

FREE CONSULTATION
Over 2,000 implants placed each year.

NEW PATIENTS ONLY
Must bring in ad at the time of consultation.

CALL 212-269-9500 TODAY!

Se Habla Español www.395DentalImplant.com OPEN 7 DAYS A WEEK

We Create Smiles

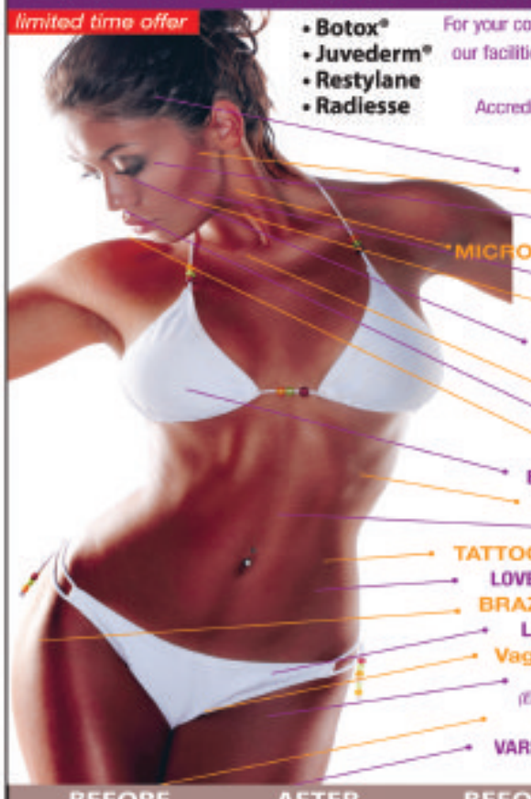
Samer Chahine DMD. CAGS
1 West 34th St., Suite 402 New York, NY 10001 212.268.0600
Most insurance accepted

BREAST IMPLANTS $5,000

limited time offer

• Botox®
• Juvederm®
• Restylane
• Radiesse

For your comfort and safety all procedures at our facilities are performed "awake" under local anesthesia.
Accredited surgical facility & hospital available if needed



HAIR TRANSPLANT
JUVEDERM
PEELS
MICRODERMABRASION
RESTYLANE
ACNE & SCAR (LASER)
BLEHPHAROPLASTY (EYE-TIGHTENING)
NECK/JOWLS (SMARTLIPO)
RHINOPLASTY
BOTOX
BREAST (AUGMENTATION)
FLANKS (SMARTLIPO)
ABS (SMARTLIPO)
TATTOO REMOVAL (LASER)
LOVE HANDLES (SMARTLIPO)
BRAZILIAN BUTT LIFT
LASER HAIR REMOVAL
Vaginal Rejuvenation
CELLULITE (ENDERMOLOGIE VELASHAPE)
THIGHS (SMARTLIPO)
VARICOSE & SPIDER VEIN (LASER)

BEFORE AFTER BEFORE AFTER

• Botox® • Juvederm® • Restylane • Radiesse
We specialize in curves and buttocks enhancements

New York Laser Lipo
Surgical & Non-Surgical Cosmetic Enhancement for Men & Women

(212) 695-1999
1 West 34th St. • Ste. 402, NYC

(718) 745-7172
334 86th St. • BKLN, NY 11209

www.nybeautysurgeon.com
Financing Options Available • SE HABLA ESPANOL

myentertainment

No child left behind

The cast of 'Won't Back Down' reflects on the state of education and teachers unions in the United States

Director Daniel Barnz recalls coaxing actress Maggie Gyllenhaal to star in his inner-city school drama, "Won't Back Down." "She was concerned about the long summer shoot and being away from her children — which is funny, because this movie is all about a great mom who sacrifices so much for her kid," he says. "But I was like, 'No, Maggie! Be a bad mother! Come be in this movie!'"

Gyllenhaal, who was eventually convinced, plays Jamie Fitzpatrick: the passionate mother of a dyslexic second-grader. Determined to transform her daughter's failing Pittsburgh public school, Fitzpatrick joins forces with a frustrated teacher, Nona Alberts (Viola Davis). Together, the duo tackles a broken bureaucracy and gathers a cluster of progressive educators along the way — including the charming, ukulele-strumming Michael Perry (Oscar Isaac).

Quoted

"I was like, 'No, Maggie! Be a bad mother! Come be in this movie!'"
DANIEL BARNZ

"I come from such progressive lefties that I wouldn't be allowed to go home for Thanksgiving if I made an anti-union movie," admits Gyllenhaal, responding to a range of critics who have already claimed that "Won't Back Down" unfairly attacks teachers' right to organize. "It takes a certain level of education to hold two somewhat conflicting ideas in your mind at once," she explains. "I fundamentally, whole-heartedly support unions. But at the same time, I feel it's important to criticize the things that aren't working in any institution."

"The film says that we, as people, need to challenge the status quo and not just live life by rote," stresses Davis in her signature staccato. Davis looked to her sister, Deloris Grant, a long-time English teacher in her hometown of Central Falls, R.I. — "one of the top 10 cities in this country to go bankrupt," according to Davis — for inspiration. "Deloris is Nona," she claims. "She's someone who goes that extra mile and validates you as a person."

Both of the Oscar-nominated actors make multiple references to their offscreen children — while Gyllenhaal is the mother of two daughters, 6-year-old Ramona and 5-month-old Gloria Ray, Davis adopted a newborn girl, Genesis, last year. "Part of being a mother is teaching my daughter to live a life that's bigger than her," asserts Davis. "It's a requirement, especially in this country where there are so many people who want it all but don't want to work for it. So I kind of feel like that's the best thing I can give her," she says and considers it a moment. "That and Miss Jessie's curl cream."

AARTI VIRANI
letters@metro.us

KERRY HAYES

▶ Viola Davis and Maggie Gyllenhaal take on the system in "Won't Back Down."

Influences

Acting 101

"I had a teacher that inspired me in the fifth grade," remembers Isaac. "She told us to write a paragraph from the perspective of an animal on Noah's ark. So I went home and wrote this six-page production from a platypus's point of view. Thanks to the teacher, we put on the play. That was my introduction to acting!"

LaserTouch AESTHETICS
SoHo | 57th | Long Island | White Plains
www.lasertouchsoho.com
(646) 863-4333
complimentary consultation
$599 special on any Fraxel® treatment
acne & surgical scars | freckles & age spots | melasma | stretch marks
$229 legs & bikini laser hair removal
Offers valid until October 15, 2012. First time clients only. Mention or bring ad to claim. Prices do not include sales tax. Fraxel available only at Soho. Fraxel and laser hair removal require multiple sessions for best results.

Receive personal attention from a Board Certified Podiatrist*
New Patient Offer:
FREE FOOT EXAM
Precision Footcare: Dr. John Jurcisin
MOST INSURANCE PLANS ACCEPTED
BEFORE WORK, LUNCH HOUR AND EVENING APPOINTMENTS AVAILABLE
Established in Manhattan for over 20 years
Bunions
Warts
Fungus Nail
Nerve Pain
Custom Inserts
Hammertoe
Heel Spurs
Ingrown Toenails
Cysts
Ulcers
We treat corns, calluses and foot problems
212-750-8344
www.precisionfootcare.com • 133 East 58th • Suite 506 • NY, NY 10022

LOOSE DENTURES?
Leaders in Implant Dentistry!-Est 1977
• LEAVES YOUR PALATE UNCOVERED
• AFFORDABLE, QUICK & EASY
• No More Messy Adhesives
• Prevents Rubbing and Soreness
• Helps Improve Speech, Digestion, and Self Image
• More Confident Smile
• Most Insurance Welcome
Featured on: TopDoc America
Emergencies Welcome Senior Cit. Discounts
DENTURE REPAIRS AND RELINES WHILE-U-WAIT!
FREE CONSULTATION
CALL NOW!
212-689-0024
Herald Square Dental THE DENTURE CENTER Est. 1971
224 West 35th St., New York, NY
16th Floor (between 7th and 8th Avenues)
www.heraldsquaredental.com

Speak up and start seeing the benefits

LIFESIZE

▶ Whether you're in the classroom or the boardroom, sharing your ideas can lead to exciting changes.

Zen in the City

GABRIELLE BERNSTEIN

WWW.GABBYB.TV

Last weekend I attended the Women and Power conference at the Omega Institute in Rhinebeck, N.Y. I was blessed to hear from leaders like Sally Field, Eve Ensler, Majora Carter and many more. Whether male or female, I think anyone would benefit from the discussions held there.

In the invocation speech, Omega's founder, Elizabeth Lesser, raved about the lineup of speakers and all of the empowering voices she's encountered throughout her career, including Nobel Peace Prize winners, spiritual leaders and world-renowned activists. Looking into the crowd, she said: "These leaders are no different than you are. We all have insecurities about speaking our truth, and we're all just making it up as we go along."

This message resonated with me deeply. As a speaker and author I am out in the world sharing my voice, but I still have moments when I question my right to speak up. At Omega, I realized I'm not alone. Field spoke of her fear of greatness, Carter admitted her fear of speaking about leadership and Ensler spoke of her need to be accepted. As I listened to some of the world's greatest leaders share their deep-rooted fears, I realized we're all in it together. In some way or another, we all question our right to claim our voice and share our beliefs with the world. Lesser calls this "imposter syndrome," the feeling of, "How dare I speak up? How dare I claim my power?" Our inner voice of fear, the imposter voice, holds us back and blocks us from owning our opinion, our voice and our power.

Our power cannot come from an outside credential — it must come from an internal condition. Carter said it best: "Listen to the voices that are telling you that you are powerful. It's your duty to share that."

Rather than see ourselves as separate from the world's great leaders, we must accept that we're all in this together. As Lesser said, "No one is sure, no one has the answer, but we need leaders who are willing to do something that has never been done before." If you deny the power of your inner voice, you deny the world of change. If these women hadn't used their voices, we wouldn't have Ensler's V-Day movement to end violence against women and girls or Carter's Sustainable South Bronx revolution or organizations like UNICEF and Planned Parenthood. What will we lose without your voice?

*— **Gabrielle Bernstein** is the author of "Spirit Junkie."*

Metro does not endorse the opinions of the author, or any opinions expressed on its pages.

NOT FEELING WELL?
M.O.M. WILL MAKE IT ALL BETTER.

MEDICAL OFFICE OF MANHATTAN
One Place For All Your Healthcare Needs. Walk-ins Welcome.

We Treat & Manage: Allergies, Anxiety Disorder, Annual Check-ups, Asthma and COPD, Birth Control, Breast Exams, Cardiovascular Evaluation, Depression, GERD/Heartburn, High Blood Pressure, High Cholesterol, Diabetes, Hypothyroid, Sexually Transmitted Disease and Urinary Tract Infection.

211 E. 51st St. By 3rd Ave. | 212-398-1709 | www.momnyc.com

New York City's Premiere
Medi-Spa and Wellness Center

manhattan total health
SPORTS MEDICINE • PHYSICAL THERAPY • CHIROPRACTIC
ACUPUNCTURE • MASSAGE THERAPY

Grand Central:
144 E. 44th St., 6th Fl.
New York, NY 10017
(212) 905-0090

Midtown:
22 E. 49th St., 5th Fl.
New York, NY 10017
(212) 832-9127

West Side:
57 W. 57th St., Ste. 1012
New York, NY 10019
(212) 906-0140

Wall Street:
39 Broadway, Ste. 610
New York, NY 10006
(212) 514-5868

www.manhattantotalhealth.com

LASIK Deal of the Week
$1895 for LASIK Surgery for Both Eyes ($4,000 value)
VALUE $4,000
DISCOUNT 53%
YOU SAVE $2,105
•Board-certified LASIK surgeons exclusively dedicated to Laser Vision Correction
• 50,000 + LASIK Surgeries performed
• Tri-state's only center with 4 different lasers to best customize your LASIK
0% FINANCING
MANHATTAN LASIK CENTER NEW JERSEY
Call Today for a 212.759.9617
FREE consultation!
www.SeeLasik.com
* Special offer valid with this ad only. The offer is good for Standard Lasik. Additional fee for Custom-S Bladeless Lasik. Some restrictions may apply

ADVANCED VARICOSE VEIN
TREATMENTS OF MANHATTAN

CERTIFIED BY THE AMERICAN BOARD OF PHLEBOLOGY

- VNUS Closure
- Foam Sclerotherapy for spider veins
- EVLT Laser Treatment
- Asclera

Resume to normal activities within a day
Most Health Insurances accepted

Anesthesia available for your comfort

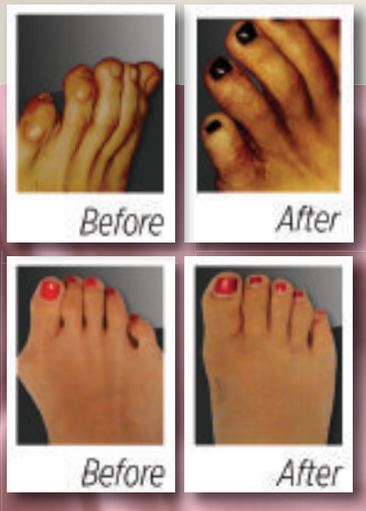
HABLAMOS ESPAÑOL Tel: (212) 204-6501 ГОВОРИМ ПО-РУССКИ

Visit our website for more detailed information: www.TreatmentsOfManhattan.com

DOWNTOWN - 111 John St., Ste. 1450, New York, NY 10038 (Btwn Cliff & Pearl St.)
Nearest Transit: **Fulton St.** 1 2 3 4 5 A C J Z Neighborhood: *Financial District*

Downtown Podiatry

MANHATTAN'S PREMIERE FOOT DOCTORS



NEW TREATMENT AVAILABLE!
Aerolase Laser Nail Fungus Treatment

Call For An Appointment TODAY!
FREE Consultation with this ad

1.877.BUNION.1 / (1.877.286.4661)

DOWNTOWN
111 John Street Ste. 1450

www.downtownpodiatry.com

MIDTOWN
315 Madison Ave. Ste. 513

Most insurance accepted

How to accept life's big changes

No Insurance Necessary

KIM SCHNEIDERMAN, MSW, LCSW
WWW.NOVEL-PERSPECTIVE.COM

The question:

I'm feeling stressed because of the many changes in my life. My oldest son just moved away to college and I am between jobs and not sure what I want to do next. Meanwhile, my husband is working longer hours due to a promotion and my aging father is showing signs of early dementia. I feel a little disoriented, like the rug is being pulled out from my feet. What can I do?

Bypassing life's unsettling moments sounds tempting, but doing so could have consequences for your future.

THINKSTOCK.COM

Change is the one constant in life — and yet, we are often surprised when it comes. As we age, we are measured by our gains, not our losses, our stability, not our vulnerability. We believe in change as long as the wheel of fortune spins in our favor. However, when change defies our expectations with unpleasant results, we may begin to question our preconceived expectations about life.

One of my favorite frameworks for understanding change was written by a little-known English professor whose last name is synonymous with change — William Bridges. In his 1980s groundbreaking book "Transitions," Bridges maps out the cycle of change into three discrete stages. According to him, every transition begins with an ending and ends with a beginning. In between endings and beginning is a discomfiting neutral zone that most people would rather avoid but is essential for personal growth. However, by attempting to leapfrog past the neutral zone, they may miss important insights and gifts, putting them at risk of poor decision-making in the future.

What you are feeling is understandable. Many cultures have rituals to mark life's ebb and flow. Perhaps you can create one that is meaningful for you. Reflecting on Bridges' framework may also help demystify the changes you're experiencing so they don't seem as overwhelming. While seeing a career counselor or learning about dementia may help, allow yourself to mine the transition for insights that will help you move thoughtfully to the next chapter.

***— Kim Schneiderman, MSW, LCSW,** is a psychotherapist and former journalist with a private practice in New York City. This column is not intended to be used as a substitute for a private consultation with a mental health professional, nor is this therapist to be held liable for any actions taken as a result of this column. If you have any concerns related to the content of this column, please make an appointment with a licensed mental health professional. E-mail Kim your questions at askkim@metro.us.*

Metro does not endorse the opinions of the author, or any opinions expressed on its pages.

New Hope Fertility Center
A gentler approach to IVF

Simple.
Successful.
Affordable.

We are the only U.S. fertility center focusing on the mild stimulation technique, Mini-IVF™

Less is More.
www.newhopefertility.com

4 Columbus Circle 4th Floor NY, NY 10019
784 Park Avenue NY, NY 10021
7 Days a Week
212.517.7676

New Hope Fertility Center

Freelance & fancy-free

Working for yourself is never going to be easy But it can be a smoother ride if you know your rights and have a network 'The Freelancer's Bible' is here to help

BRAND X PICTURES

▶ The freelance office accommodations are pretty sweet, but inconsistent pay and lack of benefits can be a problem if you don't have a plan and do your research.

Sara Horowitz founded the New York-based Freelancers Union in 2003. Today, the union boasts 170,000 members. It even created its own health insurance company in 2009. Her new book, "The Freelancer's Bible: Everything You Need to Know to Have the Career of Your Dreams — On Your Terms," will be released this month. We caught up with her for a preview.

How often do companies fail to pay freelancers?
From our surveys, 77 percent of people have had a client who hasn't paid. After health insurance, the No. 1 issue for people is not getting paid, getting paid late or getting partial payment.
What do you do about that?
You need a good network. Find out about a company before you work for it, and don't keep working if they're not paying you. You can go to small claims court — but remember that even if you win, you may have to get a judgment. That can be a long process.

How do you insist on your rights while maintaining good relationships with your clients?
Of course, there's no simple answer to that. But it's always good to push for clarity: What is the assignment? What are the deliverables? It's often good to write a memo summarizing that to make sure everybody is on the same page.
What is your response to people who say that unions have outlived their usefulness?
It's funny; in the 1920s people often said that unions were dead. They were talking about a craft model that was for a workplace of the 1880s. Suddenly, in the 1930s, with mass production, there was a whole new kind of unionism. What a union is will continue to evolve. But the old ones don't go away fully. They sit side by side.

A new route to health insurance

The Freelancers Insurance Company is currently only available for members living in New York state. But, beginning in 2014, the union will start three nonprofit health insurance companies in New York, New Jersey and Oregon. FIC claims their premiums are about 40 percent lower than typical individual plans. For more information, visit **www.freelancersinsuranceco.com.**

BRUCE WALSH
bruce.walsh@metro.us

Advice

Keeping politics out of the workplace

▶ Talk about things that will make you a stronger, happier, more productive office — in other words, not the election.

STOCKBYTE

Every office has that one employee who feels compelled to share his views on divisive political issues. Come election season, however, even your tolerable co-workers are likely talking politics a bit. How to keep it more professional than the campaigns? We checked in with consultant Susan Heathfield, About.com's "Guide to Human Resources."

Think before you speak: Politics isn't the only topic that can lead to uncomfortable situations among co-workers. Before you bring up this morning's election headlines, consider how and why you're sharing the information. "Think about your conversations at work: Are they advancing productivity or relationships? If not, you shouldn't be discussing it at work," says Heathfield. "Politics is a hot button. It's very easy to go from 'this is my opinion' to 'this is what is right.'"
Uncomfortable? Say something: Whether it's your boss or your assistant who's crossing the line, talk to them about it instead of merely resenting them. "You should be able to say, 'Hey, I'm really uncomfortable with all of this political stuff – can you stop it?'" says Heathfield. "Be forthright."
If all else fails, talk to HR: A boss who rants about his or her political beliefs can easily and accurately be accused of discrimination, harassment and creating a hostile work environment — words that can add up to "lawsuit." For this reason, says Heathfield, your HR department will be happy to help diffuse the situation.

MONICA WEYMOUTH

Come join the "LI Best Home Care Team"
HIGHEST PAY IN NASSAU COUNTY
• HHAs • PCAs Immediate Work
Earn up to $14.91/HR
Call (516) 227-3400
60 Hempstead Ave, Suite 215,
W. Hempstead, NY 11552 EOE
$600 Sign-On *BONUS Live-In Aides in Nassau County
Personal-Touch ...the people with a heart!

metrophotochallenge.com
Or download the Scoopshot App from App Store or Google Play.
J&R PARK ROW, NYC JR.COM
Colourbox
Powered by J&R and Colourbox.com

METRO CHALLENGES YOU!
Show us your best photo today and win.
Compete in the categories: ***My Country's Best, My Favorite, My Night*** and ***Temptations.*** All participants have the chance of getting published and an option to make money on his or her photos. Good Luck!
Submit your photos to MetroPhotoChallenge.com and you could win.
metro PHOTO CHALLENGE

Letters

letters@metro.us

Apparently donkeys weigh a lot more than elephants

RE: "POLL: OBAMA LEADS ROMNEY 40 DAYS BEFORE ELECTION" (METRO, SEPT. 28-30)

The Reuters/Ipsos poll that was cited in Friday's paper showing that Obama is up by 7 percent over Romney is a work of fiction, not science. The partisan makeup of the poll's sample was 53 percent Democrats; 38 percent Republicans; and 9 percent Independents. It's not surprising that a poll comprised of more than 50 percent Dems favors Obama! But these numbers don't reflect the actual partisan split of the electorate, which is currently 33-38-29 percent Democrat, Republican and Independent, respectively. If this poll's data is weighted by an accurate partisan split, it actually shows that Romney is leading by 10 percent (54 percent to 44 percent)! Much of the media are doing the same thing in their polling: They are overweighting the number of Democrats sampled, and underweighting the others. If the data in these polls is unskewed, almost all of them show that Romney is leading both nationally and in the swing states.

RON SHELTON, NYC

Yelling "Fire!" not the same as lighting an ideological one

RE: "OR DOES IT LIE ALSO IN THE FILMMAKER?" (METRO, SEPT. 28-30) A.J. Mikofsky reminds us once again that falsely yelling "Fire!" in a theater is not protected speech, but fails to recognize that an important reason for this is that "Fire!" is not an opinion, and it's the expression of opinion that the Speech Clause is mostly intended to protect. The video may have been mean and ugly, but it was an opinion. As for being a deliberate provocation, the legal response to "you're a @#$%" is "so's your old man."

HARVEY WACHTEL, VIA E-MAIL

I just have to offer a little education for those who compare yelling "Fire!" in a crowded theater and the video about Islam: The Supreme Court banned yelling "Fire!" in a crowded theater because the reaction to that is a survival instinct that results in people being killed and injured as people try to save themselves.

There is NEVER a justification to attack and kill innocent people because you are a zealot and use your religion to justify horrible acts. The only ones to blame are those murderers and their supporters.

ANDY NELSON, VIA E-MAIL

We've got more direct deposit than direct democracy

Why do billions of dollars get spent every four years on an election for president and vice president when the citizens of the U.S. have never been given the legal right to elect either of them? The citizens only elect a group of individuals who cast votes later in the electoral college. Would not the time and money be better spent, as the presidential election campaign seems to now be four full years now, to perhaps turn all of that focus back to the pressing matters facing our country's citizens?

MATTHEW SPENCER, VIA E-MAIL

E-mail your letters: letters@metro.us

Keep them as brief as possible, preferably under 100 words.
Metro reserves the right to edit all letters.
Please include your name and contact information.

Horoscope

♎ Libra **Sept. 23-Oct. 23.** If you enter into an alliance of convenience that you know won't be ideal but has some worth, be realistic and you won't be disappointed.

♏ Scorpio **Oct. 24-Nov. 22.** Most of the time when you depend upon who instead of what you know, you are inviting disappointment. In order to cut the mustard, you had better bring your skills to the table.

♐ Sagittarius **Nov. 23-Dec. 21.** When with a group of friends, if you see somebody controlling the floor and the conversation while leaving most people out, quickly step to the fore and bring others in.

♑ Capricorn **Dec. 22-Jan. 19**. Substantial frustration can be avoided if don't allow people to focus their effort on a situation that is already under control.

♒ Aquarius **Jan. 20-Feb. 19.** If you feel you've been held back in your chosen field of endeavor, start taking measures to correct the situation. Begin by accentuating your skills, not your contacts.

♓ Pisces **Feb. 20-March 20.** Someone might invite you to participate in a project that looks like it has a lot of profitable potential. Maybe it does, maybe it doesn't — but you won't know unless you try.

♈ Aries **March 21-April 19.** If your progress has been impeded lately, chances are it has something to do with the way you've been handling certain key relationships. Make amends; it will pay off big time.

♉ Taurus **April 20-May 20.** Don't grumble if you have to step in and help shoulder some of the work assigned to another, especially if there have been times when others had to help you in the past.

♊ Gemini **May 21-June 20.** Take care that in your haste you do not attempt to prematurely launch an important undertaking. Make sure that you have all the necessary pieces at hand and ready for use.

♋ Cancer **June 21-July 22.** Don't let it upset you if a project that you're better qualified to do then most goes to another. Should the party do a rotten job, it'll come around to you.

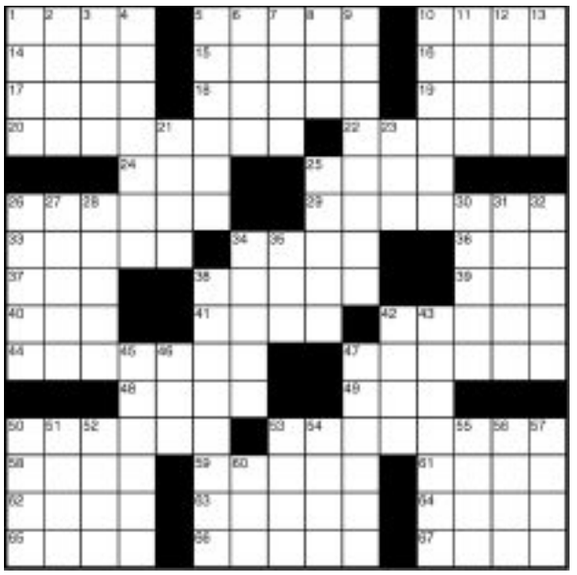
♌ Leo **July 23-Aug. 22.** Even though you usually don't let others do your thinking for you, you could be susceptible to someone who makes a good case and allow that person to lead you astray.

♍ Virgo **Aug. 23-Sept. 22.** Look out for a subtle something that could greatly help enhance your material security. It may not jump out and announce its presence, but you'll know it when you spot it.

BERNICE BEDE OSOL

Across
1 Fortune's partner
5 Tough fabric
10 Karate move
14 Holly shrub
15 Bedouin, for one
16 Icy precip
17 DEA operative
18 Speculate
19 As well as
20 Strayed from the norm
22 Fastened shut
24 Occupy a chair
25 Two fives for — —
26 With little room to spare
29 Shaggy
33 Accumulate
34 Grievance, slangily
36 — Nol of Cambodia
37 Hearty laugh
38 Davis or Cahn
39 Never, to Wolfgang
40 Compass dir.
41 Burden
42 Choir selection
44 Cardinal
47 Shamelessly bold
48 Vigoda and Fortas
49 Baby's seat
50 One of helium's two
53 Climbing irons
58 — puppy
59 Mix-up
61 List detail
62 This, in Madrid
63 Jobs or Martin
64 Feminine suffix
65 Pull dandelions
66 Replaced a button
67 Pink wine

Down
1 Come upon
2 Botanist's wings
3 Vanna's boss
4 Cuts out
5 Problematic
6 Fervent wish
7 In the course of
8 Nebr. neighbor
9 Peg
10 Franchise stores
11 Lecture room
12 Seine feeder
13 Lumber along
21 Feels under par
23 — Lingus (Dublin carrier)
25 Throat-clearing sounds
26 Advil competitor
27 Act funny
28 Did a fall chore
30 Humerus neighbors
31 Slaves away
32 Us, to Pogo
34 Halftime marchers
35 Ostrich kin
38 Post-exercise feeling
42 Wheels for nanny
43 More maudlin
45 Enjoyed a soak
46 Nigerian tribe
47 Played loudly
50 Relieved sigh
51 Artifice
52 Bone, in combos
53 Pilot, et al.
54 Travel far and wide
55 Dog in "Beetle Bailey"
56 Earns as profit
57 Fictional pirate
60 PO itinerary



	4		2	1				
		2		8	5	9		
	7	6			3		2	
		4		2				
2		8				4		7
				7		3		
	9		8			5	6	
		5	9	4		1		
				5	1		7	

SUDOKU **LEVEL: EASY**

7	9		3		5			1
4	3			2			7	
		6			7	9		
						8		7
	8						4	
9		4						
		7	9			1		
	2			7			3	4
5			4		3		9	2

SUDOKU **LEVEL: HARD**

How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Solution to weekend's crossword

To advertise – phone: 212-457-7735 email sales: advertising@ metro.us

METRO NEW YORK | Editor in Chief: Tony Metcalf **tony.metcalf@metro.us, @edinchiefmetro | Managing Editor:** Ron Varrial **ron.varrial@metro.us | City Editor:** Carly Baldwin **carly.baldwin@metro .us | Features Editor:** Amber Ray **amber.ray@metro.us, @amber atmetro | Sports Editor:** Mark Osborne **mark.osborne@metro.us | Deputy Features/Careers/Books/ Travel editor:** Dorothy Robinson **dorothy.robinson@metro.us | Home/Style editor:** Tina Chadha **tina.chadha@metro.us | Film/Tech editor:** Heidi Patalano **heidi.patalano@metro.us | Wellbeing/Going Out editor:** Meredith Engel **meredith.engel@metro.us E-MAIL US: letters@ metro.us**

As the world's largest global newspaper, Metro has more than 17 million readers in over 100 major cities in 17 countries • **Metro New York** 120 Broadway, New York, NY 10271 • **main:** 212-457-7790 • **sales fax:** 212-952-1505
National and Executive Sales Director Ed Abrams • **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Wilf Maunoir • **e-mail sales:** advertising@metro.us • **distribution** e-mail: distribution@metro.us
Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damage whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice.

Certified Audit CAC of Circulations metro

JEFF ZELEVANSKY/GETTY IMAGES

▶ Mark Sanchez had two turnovers, was sacked three times and only completed 45 percent of his passes in the 34-0 loss.

EMBARRASSING

Sanchez, offense booed off the field in disastrous loss ◗ Sanchez: 'Not the way we imagined this game going' ◗ Crowd chants for Tebow to play

Mark Sanchez is not working out as the Jets quarterback.

The final score didn't tell the full story of the Jets' 34-0 loss to San Francisco Sunday afternoon. It felt much worse than the numbers on the scoreboard.

Sanchez was just 13-for-29 for 103 yards with an interception, and was booed relentlessly after every possession in the second half.

"This is not the way we imagined this game going. We left too many opportunities out there on the field and San Francisco took advantage of them. It wasn't our best, so that's the unfortunate thing," Sanchez said. "We just have to get better. We're 2-2; it's not the end of the world. We have a lot of football left. The guys in that locker room, myself included, have to improve."

"I apologize for my language because I was going to say we got our butt kicked, but we got our ass kicked."
REX RYAN, HEAD COACH

By the fourth quarter, the crowd at MetLife Stadium — what was left of it — was chanting for backup quarterback Tim Tebow. Whether in mocking jest or seriousness, there is a clear lack of support for the current Jets starter.

When asked if he had any concern over his job security after the loss, Sanchez said, "No, not at all. I've got to improve."

"I don't think the confidence is shaken, just a little frustrated, upset, in our execution today. The effort is there; the guys always work hard," Sanchez said. "We didn't execute well. It starts with the quarterback. I didn't play well enough to win."

KRISTIAN DYER
sports@metro.us

34
49ERS (3-1)

0
JETS (2-2)

What we learned ...

1 Kaepernicked — If the Jets had their way, the Tim Tebow-Wildcat experiment would look a lot like how Colin Kaepernick performed for the Niners. He had one big run early and took in a touchdown from the Wildcat as well.

2 Holmes fried — Santonio Holmes typified the game with a reception in the third quarter in which he injured his foot, fell to the ground and dropped the football — which was promptly returned 51 yards for a Niners touchdown. Ryan had no update on his condition after the game.

3 Grounded — The fear going into the game was how Darrelle Revis's absence would affect the passing defense. Instead, the run defense was smoked as the Niners had 245 yards on the ground. ● METRO

Kick comes up short as Birds beat Giants

The Giants just can't get over the hump against the Eagles.

The Giants have now lost eight of their last nine games against Philadelphia, including the playoffs.

A 54-yard field goal came up just short for Lawrence Tynes with 10 seconds left, as the Eagles won, 19-17.

After the Eagles settled for two straight field goals — one of a bad interception by Eli Manning in the end zone on the first play of the fourth quarter — the Giants marched 83 yards on five plays to go ahead 17-16 with 6:49 left.

36 One play before Tynes's miss, Ramses Barden was called for offensive pass interference, putting the ball at the 36-yard line.

But the Eagles answered with a 75-yard drive of their own and the eventual game-winning kick by Alex Henery.

The game started very slowly for both sides. The Eagles punted on their first four possessions, while the Giants punted on their first five.

But after those first four drives, the Eagles scored on each of their remaining possessions. They had four drives of over 70 yards and one more of 50 yards. ● MARK OSBORNE

AL BELLO/GETTY IMAGES

▶ LeSean McCoy ate the Giants alive, rushing for 123 yards on just 23 carries.

3

In the news

Americans lose Ryder Cup on ugly last day

There is very little other way to look at it other than the United States choked. With a 10-6 lead heading into yesterday's final round of singles matches, the U.S. needed to take just 4 1/2 points from the final 12 to win the Ryder Cup. The Americans lost the first five matches of the day and finished 3-8-1 on the day. The Europeans won, 14 1/2 to 13 1/2. ● METRO

In the news

'Sheed signing

The Knicks are getting a little older and a little more technical foul-prone.

Multiple reports indicate they will sign forward Rasheed Wallace to a deal.

Wallace, 38, retired two years ago after a lost season in Boston.

Wallace, known as much for his temper as his versatility, would sign for the veteran's minimum. Training camp opens up tomorrow.

Yankees rally saves tie

New York scores eight runs in final four innings to beat Jays ◗ Orioles win as well in Boston ◗ Yankees open final series of season with Red Sox

ABELIMAGES/GETTY IMAGES

▶ Robinson Cano was 3-for-5 with two runs scored in Sunday's victory.

The Yankees were just nine outs away from falling out of first place in the AL East with only three games to play.

But thanks to seven runs over the final three innings against the Blue Jays, they preserved a tie with the Orioles in the division. They won 9-6 after trailing by as much as 5-1 heading into the sixth inning.

Baltimore handled the Red Sox easily, running out to a 5-1 lead of their own and winning 6-3.

"It seemed liked we just kept at it, kept at it, kept picking away," Yankees manager Joe Girardi told reporters in Toronto. "It's a big win for us to be able come back in that situation."

The Yankees scored three runs in the seventh thanks to two wild pitches with a Robinson Cano double sandwiched in between. They took the lead in the eighth inning on a sac fly by Eduardo Nunez.

Nick Swisher called the victory "season-defining" heading into the final series against the Red Sox. The Sox are well out of the race, but now have an opportunity to knock the Yankees into the wild-card game.

.318 Derek Jeter raised his batting average to .318 after a 3-for-5 day with one run and one RBI.

MARK OSBORNE
mark.osborne@metro.us

Teixeira returns to lineup today

The Yankees have just one series left to play this season, but they'll be getting an extra bat to help out.

First baseman Mark Teixeira is expected back in the lineup today in the first game of the season's final series against the Red Sox.

"We expect to see him in New York on Monday," manager Joe Girardi said before Sunday's game against the Blue Jays. "He'll see the doctor tomorrow and see if he's cleared to play."

Teixeira hasn't played since Sept. 8 when he reinjured his strained left calf after missing the 10 games prior.

He reinjured it trying to beat out a double play against the Orioles that ended the game, even though replays later showed he was safe.

"It has affected us. ... It's the first time we'll have our whole lineup for a long time, which is really good," Girardi said. "It will make our lineup different."

Teixeira is hitting .255 with 23 homers.

METRO

BACK PAIN ACUPUNCTURE
overweight stress anxiety back neck joint pain
fatigue pinched nerve poor circulation
microdermabrasion massage physical therapy reiki
Accept 1199 aetna unitedhealth care blue cross neighborhood medicare metroplus affinity amerigroup cigna
www.MedicalHolistics.com
115W 30 St. #500B (btwn 6&7 Ave)
212-764-3924
Englewood NJ : 201.944.0985

DIRECTORY
Legal Services
To place an ad call Jennifer Clark at 212-457-7834 or email jennifer.clark@metro.us

Thoughts of Bankruptcy?
Struggling with debt? Not getting ahead?
Filing bankruptcy can be your way out of debt
Bankruptcy done right at the right price
Jay Simon, Attorney
718.222.4619
32 Court Street, Suite 805, Bklyn
Change begins with one call

Over 60 Years of Experience
DINERMAN BERGAM & DINERMAN
ACCIDENT?
ALL ACCIDENT CASES HANDLED
Car/Bus/Train • Slip/Trip and Fall • Elevator • Real Estate
150 BROADWAY NYC • (212) 267-7575
ASK FOR MARIA
Free Consultation Hablamos Español

IMMIGRATION / CRIMINAL DEFENSE
FREE CONSULTATION
Feiner & Lavy, P.C., Attorneys at Law
325 Broadway Suite 401, NY NY 10007
212-571-9200 www.FNLPC.com
עברית, ל"ע, Spanyol Attorney Advertisement

Medical Research
Check out Metro's Online Medical Research Directory at health.metro.us
metro health
To place an ad call Brett Lurman at 212-457-7753 or email brett.lurman@metro.us

We are looking for men and women who have Bipolar Disorder
If you have a diagnosis of Bipolar Disorder and are at least 18 years of age, you may be eligible to participate in a research study involving tests of concentration, memory, and thinking.
The study will involve an interview, pencil and paper and computerized tests and will last approximately 3-5 hours. Qualified participants will receive $100.00 for participating.
For more information call: Carly Solon, Study Coordinator, Laboratory of Neurocognition, Mount Sinai School of Medicine, (212) 659-9238

Are you a thin, healthy woman between the ages of 16-45?
You can help us learn about exercise, thinking, learning, and the brain! We are conducting several studies at Columbia University Medical Center and you can contribute to research, and receive $$$
For more information please call 212-543-5739

If you suffer from both chronic GOUT & HEART DISEASE

local doctors need your help with a research study testing an investigational medication.
This research study needs men at least 50, and women at least 55, who suffer chronic gout and have experienced a heart attack, hospitalized unstable angina, stroke or complications due to diabetes.
If you have chronic gout and a history of cardiovascular disease, call to learn more about this study. The information we learn from this study could help millions.
(513) 399-5131

WANT TO STOP USING COCAINE?
Albert Einstein College of Medicine is looking for cocaine dependent volunteers who are age 18 to 65 to participate in a research study. Eligible participants will receive up to 8 weeks of no-cost intervention that may include medication and "talk" therapy. Compensation for time and travel available.
FOR MORE INFORMATION, PLEASE CONTACT ANDREA OR MATTHEW AT THE RESEARCH OFFICE.
347-493-8555

metro classifieds

in print & online

TO PLACE AN AD:
866-900-9473
CLASSIFED.METRO.US
NEWYORKCLASSIFIEDS@METRO.US

CLASSIFIED AD DEADLINE:
5PM TWO (2) BUSINESS DAYS BEFORE PUBLICATION

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

Real Estate/Sale

PUBLISHERS NOTE
All real estate advertising herein is subject to the Federal Fair Housing Act of 1968 and state and local fair housing laws. The Fair Housing Act makes its illegal to advertise any preference, limitations or discrimination on the basis of race, color, religion, sex, handicap, familial status, or national origin or an intention to make any such preference, limitation or discrimination. State or local laws may make unlawful advertising that discriminates on the basis of age, marital status, or sexual orientation. Metro US will not knowingly accept any advertising for real estate which violates the law. The law requires that all dwellings advertised are available on an equal opportunity basis. If you have any questions regarding housing discrimination, call the Long Island Housing Services at 1(800) 660-6920 in Long Island or the Anti-Discrimination Center at (212) 346-7600 in New York City. To file a complaint call HUD toll-free at (800) 669-9777 or the New York City Commission on Human Rights at (212) 306-7500

Miscellaneous

JAMAICA 89th Ave
Vacant Lot for Sale. 50 x 115.
R7 Zone. Walk to Trains. $859K.
Owner 718-297-7200

Homes

Castle Hill Corner Zerega & Quimby
Renov 2 fam det 3 brs, 1 bth/3 brs 1 bth, huge fin bsmt, pvt drwwy, 2 car gar. Owner 516-669-3258, 646-431-0105

East New York Open House Sat & Sun, 12-4, New Construction 2 fam brk, 33, fin bsmt, 5 bths, drwwy, gar. ★ Owner 646-431-0105, 718-740-5222 ★

JACKSON HEIGHTS $300,000
2 family, 3/3, 2 full baths, full finished bsmt. Hablamos Espanol. Call Maybell(718-300-7057

OZONE PARK- 3 family solid brk. Young house, 6½ bths, 3 BR each apt. Pvt dvry, big yard. Legal comm'l bsmt. Great area. Owner 718-297-0505

Queens Village North ★1 Fam, 4BR, 1.5 Ba, FDR, new roof, 210th St btw 90 & 91st Ave. Owner 718-464-7219 Principals Only

Homes

RICHMOND HILL- Renov
1 Family, 3 Bedroom, hdwd flrs, 1.5 bath, dvwy/gar, fin bsmt.
Call Owner 917-939-4471

ELMONT BEAUT FULLY RENOV
4 BR, 3 BTH, BRICK CAPE, NEW KIT & BTH. GRANITE & MARBLE.
★★★ OWNER 516-491-6115 ★★★

KINGSTON, JAMAICA-BEAUT 5 brs in Meadowbrook, lots of fruit trees, quiet community. $240k. Owner 917-494-7083, 718-241-0517, 876-862-8906

Real Estate Wanted

I Buy Houses CASH!
Quick Sale – Fair Price
914-237-1418

Real Estate/Rent

Apartments

Roomate Wanted $500/month
Kitchen Privleges, Call Polly
212.505.0038

BEDFORD PARK ★ 400 E Mosholu Pkway So, Nr. Park, Garden, Zoo, Trans. Studio $895, 1Br $925. Well Maintd Bldg 1st mo rent free! No appoint nec! Call Agt 718-657-1085

Essex County, New Jersey
APTS FROM $625!
1 MONTH FREE
Gym - Parking - Laundry
973-859-9143 NO FEE
www.MapleGardens.com

FORDHAM★ 2300 SEDGWICK AVE Well maintained rent stabilized bldg. 1BR $995. 1st mo rent free. No Appt. necessary. Call Agent 718-657-1085

FORDHAM & BELMONT AREA
1 BR $995/mo. HPD & DHCR Ok. Sec 8 Ok. No fee. Broker ok.
Owner 718-601-1483 M-F 9-5pm.

Fordham Hill & Yankee Stadium
Elevator - Laundry - Garage
Studios from $899
1 BR's from $1,099
2 BR's from $1,399
3 BR's from $2,199
Call Rental Office 646-291-6529
NO FEE RentTheBronx.com

HUNTS POINT off Garrison Ave
Well maintained rent stabilized bldg 1st mo rent free 2br $1,115/mo. 3 br $1,274/mo. Agt. 718-657-1085

N.E. BX ★ Newly Renov 3 Br Apt Hwd flrs, New Apps. 2nd flr in 3 Fam $1550/mo. 1 mo rent + 1 mo sec. No Fee. Owner 646-571-5678/718-654-6697

Southern Bronx Locations Immediate
Studio, 1, 2 & 3 BR Apts. Newly Renov Units, Lge Open Flr Space. $720/mo & up. Owner 718-620-1345

FINKELSTEIN TIMBERGER REALESTATE FTRE
Bronx Apartments for Rent
Newly Renovated, New Appliances, New Baths and Windows.
Studio 1, 2, 3 BR's References Credit check req. www.ftre.com
1-800-262-6699 • 914-472-5077

Apartments

Brighton Bch-Canarsie-Georgetown-OMB
★1 Br - $850 & up ★2 Br - $1300 & up
★3 BR-$1650 & up. Bkr 718-531-3385

CANARSIE Lovely 3 BR Duplex Apt 3 Full Baths + Lge Balcony, $2000/mo + Security. Nr bus stop. Call Owner: 917-915-5483

CANARSIE ★ Spacious Newly Renov
2 Bdrm Apt Parking Avail. $1400/mo. Refs/Credit Ck. Owner 718-880-0483

Crown Heights Spacious & Renovated Big 3 Br Apt, 1 bath, Near Shopping & Public transportation Call Owner 917-836-7114

East Flatbush ★ 1 Br Unfurnished Apt ★
Call Owner 718-462-1777 Bet. 7pm-9pm

EAST FLATBUSH Ave H & 32nd St 1 blk off Flatbush Nr shops/trans, Stu. $975 Well maint rent stab'd bldg 1st ½ mo rent free. Agt 718-657-1085

EAST FLATBUSH ★ BEAUTIFUL 2 BRS, 1 block from subway, newly renov. Quiet bldg. $1450/mo. Owner 917-494-7083 or 718-241-0517

EAST FLATBUSH & CANARSIE
★ Studio $830+ ★ 1 BR $1000 + ★ 2 BR $1275 + ★ 3 BR $1350+ ★ 4 BR $1800+ ★ Credit & Refs Ck
UNIQUE HOMES 718-941-1390

East New York- Pennsylvania Ave. Btwn. Interboro Pkwy & Atlantic Ave. Well maintd, rent stabl. bldg. Near shops/trans. 2br $1225. 1st. ½ mo rent free. Agnt 718-657-1085

EAST NY-Newly renov 2 BRS, 1 ba, close to Brookdale Hosp & all trans. Bkgrnd ck, non-smokers. $1300/mo. 1 mo rent/1 mo sec. Owner 347-254-6633

ENY- Linden off Rogers. Near shops, trans, 1 BR $1025/mo. Well maintained rent stabilized bldg 1st mo Rent Free. Call Agent 718-657-1085

FLATBUSH: E. 26th ST. 1 Block off Flatbush Ave. Studio $775. Well maintained rent stabilized bldg. 1st mo rent free. Call Agent 718-657-1085

★RUGBY★ E. 56th St & Church Ave. & Snyder, well maint'd rent stabilized bldg. 1 BR $1050. 1st month rent free. Agent 718-657-1085.

★RUGBY★ E. 58th St & Snyder Ave. 1 Block off Kings Hwy, well maint'd rent stabil. bldg. 2 br $1325. 1st ½ mo rent free. Agt 718-657-1085.

CAMBRIA HEIGHTS/ROSEDALE
2 brs $900, 1st flr 3 brs $1800,1 br $900, 1st flr 2 brs $1500, 2nd flr 3 brs $1600 ★ Call Agent Sonia 347-426-7242

FAR ROCKAWAY- BAYSWATER
Grdn style apts quiet residential area Nr shops, trans, beach. Rent stabilized Spacious, newly renov kit 1 BR $1025; 2Br $1125. 1st mo rent free. Call Agent 718-657-1085

Far Rockaway Wavecrest Gdns
Apts from $870 - NO FEE!
Gym - Parking - Laundry
Call 646-810-4993
www.RENTWAVECREST.com

★★★FLUSHING★★★
6 RM APT, 3 BRS, LR, DR, EIK, FULL BTH, SUNDECK. 2ND FLR OF 2 FAM. OWNER 718-353-8068

Jamaica – 3 bdr, 1 bath, 1 kit, access to public trans, 1 month sec/1 month rent. $1650/month, water + heat incl, Ref & credit check. Call 718-926-7809

JAMAICA: HILLSIDE AVE
1 BR $1200; 2BR $1425. Hdwd flr, renov kit. Rent stabilized garden comp, laundry facility. 1st 1/2 mo rent free Agt 718-657-1085

Apartments

RIDGEWOOD – 1 bdr Apt, 1 Kit, dining room, large and beautiful, nice neighborhood, close to all transportation. Please call owner (347) 304-8334

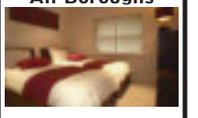
SOUTH OZONE PARK 1 BR APT, NR JFK & AQUEDUCT. 15 MINUTES SUBWAY. NO PETS. NON SMKR. $900. OWNER 718-529-1048

BRONX
1 BEDROOM APTS, Starting at $925
Transp. near by.
Call 212-752-2670
After 5pm Sat., Call 718-644-4098.

QUEENS
STUDIO and
1 BEDROOM APTS.
Near Transportation
Call 212-752-2670
from 9am-5pm.

DISCOVER PARKCHESTER
WHERE PEOPLE LOVE TO LIVE!
1 & 2 BR RENTAL APTS
ONE AND TWO FOR - IMMEDIATE OCCUPANCY
1BR's STARTING AT ONLY $985
ONE HALF MONTH FREE RENT ON 1BR's
ON 2 YEARS LEASE
IF YOU SIGN BY OCT 31
SPACIOUS 2BRs $1325
AS LOW AS
On site shopping, restaurants, offices, even a movie theatre. 30 minutes to midtown via #6 subway or express buses.
SEE MODEL APTS & PREMIER APTS AT OPEN HOUSE:
TUES & THURS - 9AM-1:30PM
SAT - 10AM-1:30PM
APPLY ONLINE TODAY
or schedule an appt for a Open House visit 718-412-4686
www.parkchesternyc.com

Rooms

100's Available, All Boroughs

Private Entry Bath Cooking
1 Person/2 Person $125wk/up
room rentals 212-697-3962

Affordable Furnished Rooms in Manhattan

Utilities Included
Same Day Move In
Cable, TV, Internet
No Credit Check
$125 per week
Call 212-862-0457

Apartment Rental Building Extravaganza
No Fee * No Fee * No Fee
Bronx / Brooklyn
Immediate Occupancy (1/2 month's Free) on All Studios 1, 2, 3, Bedrooms
Fully Renovated:
Upgraded Kit / Bathrooms,
Hard Wood Floors, New Appliances, Freshly Painted
(24 hr Approval)
Must Meet Income Requirements
FOR VIEWING PLEASE CONTACT **347-413-2911**
24 hr. Security Surveillance On-Site Superintendent

Commercial

BED-STUY - CROWN HTS
Schenectady & Sterling Pl
460sf, plus bsmnt, clean & ready. $900/mo. Brokers OK. No fee. Owner Call Mon-Fri, 9am-5pm 718-601-1483

Condos

Canarsie Impeccable 2 Br Co-op for Sale at 1275 E 51st St. Walk-in-closets & beautiful floors $225K Seller pays Closing costs Agent. 718-812-2337

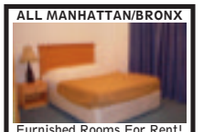
Homes

Staten Island off Richmond Terr. House For RENT 1 Fam Det. 3 Br, new bath w/ Jacuzzi tub, + half bath. Great kit 2 car gar big bygard $2,000 + util owner 347-770-2018

Miscellaneous

★Norwood★ Large luxury fully furn. rm in furn. apt. in pvt hse All Brand NEW! Hdwd flrs, share kit, LR, DR, 2 baths. Qn bed, Nr # 2, 4, & D Trains & Metro No. sec sys. A/C, cable, internet, Long Term only. male pref'd. $185/wk, all util incld. 2 weeks deposit ★ Owner 718-231-0145

SINGLE & SEMI PRIVATE ROOMS
Try our family boarding homes. Enjoy fresh air in the Catskills. 1 meal a day & laundry SS, VA, SSI accepted 845-292-6384

ALL MANHATTAN/BRONX

Furnished Rooms For Rent! Cable/Internet Ready! Move In today! All Utilities Inc.! Just $125/wk! Call us today: 212-368-2685

For Sale

Miscellaneous

★★ I BUY ANTIQUES, GOLD, ★★ SILVER, OLD FURNITURE, PAINTINGS, OLD TOYS, TRAINS & COSTUME JEWELRY. 718-843-0628

Miscellaneous

$$ CASH PAID $$
Buying Diabetic Test Strips
Nicotine Patches & Gum
All Day Pickup and Drop off
1-646-400-5270

Vehicles

Cars

CADILLAC '99 DEVILLE- Blk on blk, immac. cond. DVD pkg front & rear. Must see to believe. 140k mi. Asking $5,500 neg. Owner 917-939-8030

Cargo Van Chevy 2006, 2500 Series, good condition, very clean, Mileage 150k, $6500. Price is negotiable. Call Phil 718-208-9522

Career Training

HEALTHY BABY?
You could help provide info to doctors and expecting parents. Learn to take ULTRASOUND images by training in **DIAGNOSTIC MEDICAL SONOGRAPHY**
You could also help doctors detect injuries and illness!
866-942-6444 • Sanford-Brown Institute
Garden City, NY • New York, NY
White Plains, NY
Licensed by the New York State Education Department, Programs vary by location
sanfordbrown.edu

Pets

♥ ADORABLE YORKIE PUPPIES ♥
CALL TRACY 718 236-1515

ENGLISH GOLDEN RETRIEVERS PUPS★ Parents Imported. AKC, DNA, OFA, Hips/Heart/Eyes Cert., Ready for their forever homes 10/8/12 $2500. Call Owner 1-302-398-4425

★★ FRENCH BULL DOG PUPPIES ★★
Male/Female, Shots, Papers, Lifetime Guarantee. Owner 917-651-6106

♥ MALTESE PUPPIES ♥ Adorable Toy & Teacup sizes. Call 718-259-2295

★★SHIH-TZU PUPPIES★★
Toy & Imperial Sizes, All Colors
Call 718 236-7567

♥♥ YORKIE PUPPIES ♥♥
Adorable Toy & Tea Cup Sizes
Call 718 331-0977

♥ Beautiful Female Cat For Adoption ♥
Needs special home. Spayed & shots. 718-648-4626 or 646-456-7679

Careers

You CAN do it! Change your life!
Train in the field of Pharmacy Technology
A simple phone call could change your life.
866-942-6444
Sanford-Brown Institute
Garden City, NY • New York, NY
Licensed by the New York State Education Department
Programs vary by location
sanfordbrown.edu

Now is the time...

You Still Can Obtain Your
Associate's Degrees and GED
at the same time
Associate's Degrees:
- Accounting
- Business Management
- Office Technology

(212) 226-7300 CLASSES BEGIN NOVEMBER 7
NEW CAREER READY PROGRAMS
- Hospitality Management
- Office Specialist/ Security Management
- Customer Service Relationship Management
- Business Interpreting
- Administrative Office Specialist
- Business Accounting Specialist

you could finish in 8 Months
Federal & State Financial Aid Available, If You Qualify!
PBC PROFESSIONAL BUSINESS COLLEGE
408 BROADWAY 2nd FL, NEW YORK NY 10013
Certificate Program Info. At www.pbcny.edu

ACE INSTITUTE OF TECHNOLOGY
NEW CAREER OPPORTUNITIES
Medical Assistant ..... CALL for Low Price
EKG Technician $450
Phlebotomy Tech $450
Medical Billing $600
PC Technician [A+] $500
Computer Networking [MCITP/MCTS]
CISCO Admin [CCNA/CCNP]
FINANCIAL AID AVAILABLE
For Select Programs if Qualified

www.acecareer.edu
Manhattan 212 695 9700
Queens 718 575 3223
CLASSES STARTING SOON
CALL NOW

Legal Notices

NOTICE IS HEREBY GIVEN that a license, Number Pending for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at: 171 Sullivan Street, New York, NY 10012 for on-premises consumption. Rockin' Raw, LLC.

NOTICE IS HEREBY GIVEN that a license, Number Pending for Beer, Wine & Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at: 40-09 Warren Street, Elmhurst, NY 11373 for on-premises consumption. Sabor Latino Lounge, Corp.

NOTICE IS HEREBY GIVEN that a license, Number Pending for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at: 323 Merrick Road, Lynbrook, NY 11563 for on-premises consumption. Cuzco Peru Chicken, Inc.

NOTICE IS HEREBY GIVEN that a license, Number Pending for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at: 3156 Ocean Ave. Brooklyn, NY 11235 for on-premises consumption. Lundy's Cafe, Corp.

NOTICE IS HEREBY GIVEN that a license, Number Pending for Beer has been applied for by the undersigned to sell Beer at retail in a Restaurant under the Alcoholic Beverage Control Law at: 41-06B Junction Blvd., Corona, NY 11368 for on-premises consumption. Blue Aroma Cafe, Inc.

NOTICE IS HEREBY GIVEN that a license, serial # 1266244, for Liquor, Wine, & Beer has been applied for by the undersigned to sell Liquor, Wine, & Beer at retail under the Alcoholic Beverage Control Law at 182 Lexington Ave., New York, NY 10016. New York County, for on premise consumption. JRPAC INC.

NOTICE IS HEREBY GIVEN that a license, serial # 1266266, for Wine & Beer has been applied for by the undersigned to sell Wine & Beer at retail under the Alcoholic Beverage Control Law at 37 Avenue A NY, NY 10009. New York County, for on-premise consumption. Mina Lena Inc.

NOTICE IS HEREBY GIVEN that a license, serial # 1266281, for Wine & Beer has been applied for by the undersigned to sell Wine & Beer at retail under the Alcoholic Beverage Control Law at 728 8th Ave., New York, NY 10036. New York County, for on-premise consumption. Ajarl Restaurant Corp.

metro classifieds

in print & online

TO PLACE AN AD:
866-900-9473
CLASSIFED.METRO.US
NEWYORKCLASSIFIEDS@METRO.US

CLASSIFIED AD DEADLINE:
5PM TWO (2) BUSINESS DAYS BEFORE PUBLICATION

Jobs

Customer Service

LOBBY STAFF NEEDED
START IMMED. FT/PT
ALL SHIFTS
NO EXP REQUIRED
UP TO $17 P/H
BENEFITS
INTEVIEWING ASAP
CALL: 646.998.5980

Healthcare

Ultrasound, EKG, CPR Course

www.medicalultrasoundschool.com
Core Ikon Institute
Call 917-209-1366

ADL Institute Offers Home Health Aide & CNA Training. We offer Placement assistance for all grads. PT/FT & evening classes. 718-349-8003

ASSISTANT DIRECTOR OF FIELD OPERATION
for Home attendant vendor agency. Duties incl: Directing & supervision of operations staff. Knowl of various Federal, State and Local governmental legislation as such laws & regulations impact upon the home care business operations. Bachellors Degree & 3 yrs exp in health care or community svcs in a supervisory capacity req'd. RN lic. a +. Email resumes to hhmsi@hotmail.com

Access Careers
Brooklyn, NY, 11201
Upgrade to PCT from HHA
*Patient Care Tech
*CNA (Nurse Aide)
*EKG/Phlebotomy
*Medical Billing & Coding
*Pharmacy Technician
*Medical Assistant
*Computer Programming
*A+/MCSE/CCNA
*MS Office/Accounting/CPR
Financial Aid Avail. if qualified
Lowest Tuition Fees in the State
Call : 866-487-5432
25 Elm Pl, # 201, Brooklyn, NY
www.AccessCareers.Edu

Security / Law Enforcement

HOLIDAY HIRING - SECURITY GUARDS
No Exp Req - All Shifts - $8-$18/hr
Corp/Comm/Red'l/Retail/W/F Students/Vets/Retirees Welcome
Call 212-239-2875/800-970-5903

AAA1 Security - Now Hiring!
Armed / Unarmed.
Call Mr. Emmanuel 347-400-1969.

A.A.S. SECURITY- NO EXP NEEDED
Will train. All shifts. Up-to $28.23/hr. Call toll free 1-800-770-0925 ext. 1

●● A BABY STEP IN SECURITY ●●
Immediate Hire ★ FT/PT $10-$22/hr
Corporate Sites/Medical/Retail.
★★ CALL 212-359-9540 ★★
No Experience-No Problem-Will Train ● Financial Aid Available

A Basic Career in New York
12 positions available. Morning/night shifts open. No exp req'd. Up to $18.25/hr. Call 718-772-8318

FRONT DESK GUARDS
Wall St. location, no exp necessary. Pay up to $13.25 p/hour. Call Lt. Kelly 347-246-9305

Transportation / Travel

DISPATCHER with knowledge of the 5 boroughs. Taxi or Demand Ambulette exp a must. Call 914-968-2500 Ext 207. Fax resume to 914-375-6021

DRIVERS ★ SCHOOL BUS ★ 19A Cert. & Will sponsor. B.O.E. Cert. CDL P/N-1, BP lic. FT, PT, Good sal. Must speak English. Lou 718-265-6643

DRIVERS TLC (& DISPATCHER) BUSY BROOKLYN CAR SERVICE. Days/Nites/Wkends Available. Bklyn residents preferred. Call 347-539-7748

VERIZON IS NOW HIRING CDL CLASS B DRIVERS IN NY, NY!
FULL TIME W/BENEFITS!
Requirements: 21+ valid "B" CDL, good driving record, with no accidents, in the past 3 years. Must be able to drive a manual and have CDL airbrakes and passenger endorsement. Required to lift/move material up to 75 lbs, operate hand truck and pallet jack. Must be PC literate and perform administrative duties, such as, checking materials, equipment delivered, handle receipts, and required documents. Up to 3-year temporary assignment. To apply, go to verizon.com/nyclassbdriver.

Healthcare

Open House Oct. 13th
JOBS / TRAINING
ACCESS CAREERS QUEENS
CNA • Medical Assistant • HHA - Home Health Aide
EKG / PHLE / Pharmacy Tech / ESL / LOANS
Bookkeeping • Quality Analyst • Business Analyst
Solar Technician • Advanced Computer Courses
Call 718-263-0750
STUDENT VISAS @ LOW COST
On Queens Blvd Next to (E, F) Subway Stn. • 8002 Kew Gardens Rd, Queens, NY
www.accessqueens.com

Transportation / Travel

DRIVERS/TRAINEES NEEDED
Veterans Welcome
Do you earn less than $700 per week? Stevens Transport is hiring. Immed entry-level openings avail. No CDL? No problem,training avail.
Call today 347-770-4235

Drivers- Very busy car svc. day/night, all shifts avail. Must have TLC. ALSO, Exp'd. Dispatcher w/ min 2 yrs exp. dispatching car svc. Sam 347-539-7748

DRIVERS WANTED Without Cars.
VERY BUSY PARK SLOPE BROOKLYN CAR SERVICE. TLC LICENSE A MUST. Call 917-213-4730

WAREHOUSE MANAGER
Maspeth Co. seeks Aggressive Exp'd Individual to run a Distribution Warehouse Facility. Excl Earning Potential for self-motivated career minded individual. Call btw: 8:30AM-2:30PM, Mon-Fri: 718-894-5960

Sales / Marketing

NYSKYRIDE

Independent Ticket Sales Agent HIGH COMMISSION for experience in sales and closing. Work in a fast paced energetic environment 40K-60K annual commission salary. Submit resume to: skyridesales@gmail.com Call btw 1-5pm 212.299.4915

General Help Wanted

Green Industry Leader Seeks
14 Motivated Individuals
We offer $18hr/avg rate
Pd wkly + Bonus Opportunities
No Experience Needed
We Train the Right Candidates
Opportunity to Advance
Call: 914-233-0645

GOT WORK?
We do! earn up to $750 + per week. Paid weekly. No experience necessary. Training provided. **Call 877-515-4189**

2012 Postal Positions $13.00-$32.50+/hr., Federal hire/full benefits No Experience. Call Today 1-800-593-2664 Ext. 172

NYSKYRIDE

Outside Ticket Sales Agent Aggressive closer wanted. Hourly $8 - $20 Sales experience a must. Tourism knowledge a plus. Submit resume to: skyridesales@gmail.com Call btw 1-5pm 212.299.4915

AA GENERAL OFFICE HELP
PT/FT ★ Growing co. Hire immed. No exp. Nr sbwy, wkly earning $750 comm +. Call 718-850-7658

AUTO BODY PERSON -
For Yellow Taxi Garage in LIC, Queens. 5 yrs exp. Minimal Tools Read. Call Bet 5am-11am 718-440-2308

General Help Wanted

AUTO MECHANIC-EXPERIENCED F/T
With/without Inspection license. Tools nec. Bklyn. shop. 718-773-1100

★ AUTO MECHANIC WANTED ★
Must have Drivers License, own tools, experienced & references. Lower Westchester. Call 914-834-8778

BIG APPLE IS NOW STAFFING general jobs between $9-$31.50 per hour. FT/PT. Start in 24 hrs! An Apple a Day... 212-470-0983

ELEVATOR REPAIR MECHANIC & ELEVATOR HELPER
Mech must be exp'd in all types of Elevator repair. O/T req'd! Helper must have Mechanical exp. Both positions req: Heavy lifting & clean drivers license. Work in all 5 Boros. Call Mon-Fri, 10AM-2PM 718-767-3304

ENGINEER
POWER PLANT DIRECTOR
NYC Licensed Operator with full understanding of Industrial code Rule 14. 10 yrs High pressure Boilers, Absorption Chillers, Co-Gen & 68KV High Voltage Power Systems. Develop Maintenance/Repair Plans, understand Plan/Specification projects, negotiate/administer Contracts. BS prefd or comparable education.
E-mail resumes to:
rvhr@rochdalevillage.com
or send resumes to:
HUMAN RESOURCES
P.O. Box 218
Jamaica, NY 11434
EEO/MF

Established & Growing Company
FT Immediate Openings
Up to $ 950 week avg. We need Reliable, Ambitious People who want to have an Impact on their Lives & on the Environment. FULL TRAINING PROVIDED
To set an interview call:
718-374-5975

SIGN MAKER WANTED
Immediate Hire. Knowledge of Corel Draw & Illustrator. M-F 9-5:30pm. Call 718-385-1600 x116

IMMEDIATE OPENINGS!!!
FOR A SUPERVISOR FOR
Security Global Command Center
A premier security firm seeks exp'd Security Supervisor to oversee a Global Command Center & team of Security Analysts at a downtown loc. Candidate must have NYS Guard License, a 4 year college degree, military bkgrnd, & management & security exp. Global Command Center exp is a plus. Must also possess strong computer knowl & excellent communication skills. Position includes monitoring & reporting on any security incidents that occur at client's site worldwide & monitoring the team's tasks to ensure they are working closely with other global teams to provide consistent support & reporting. Candidate will also be responsible for initiating response procedures during global critical incidents & liaising with all regional security officers, state agencies & local law enforcement to obtain global threat assessment information. Identifying issues & security breaches are also a part of the position. Other responsibilities will be outlined in detailed. We offer competitive salary rates, & health bnfts to all F/T employees. Interested candidates meeting all of the requirements may fax their resume to the Director of Human Resources to FAX NUMBER:
203-353-9937
We are an Equal Opportunity Employer.

General Help Wanted

GENERAL MANAGER - Oversee all aspects of store operations. Manage the profitable operation of a high volume food retail store. Ensure the implementation of the company's strategy to reach overall business goals. Full P&L responsibility. Implement all company operational and merchandising directives. Maintain a high standard of customer service, merchandising, placement, store signage and proper display techniques to create an inviting atmosphere for customers. Develop employees, especially management and supervisory employees. Candidates must have at least 5 years of food store or other related retail management experience. Degree preferred. Send resumes to Richard.ortega@fairwaymarket.com

HANDYPERSON- Bx. Mgt co.
Perform repairs in apts.
Must be exp. Must have own tools.
Bx Zoo loc. Crim/drug screening.
EXP. ONLY. $10/HOUR.
Fax resume to; 718-365-1333

PLUMBERS Exp. Mechanics/ Sprinkler / Steam Fitters Drivers lic. Helpers Also Wanted Fax Resume 718-383-1340 / Email rozphco@aol.com

RECEPTIONIST / SECRETARY For Small downtown Bklyn Personal Injury law firm. P/T or F/T. Some Law firm exp. Bilingual Spanish req'd. Fax resume & cvr ltr 718-625-3855.

TELMKTRS F/T EXP ONLY!
MADE YOU LOOK!!!
Now All You Have To Do is Call. Salary + Comm. + Bonus = $8.-$12/Hr.
David (212) 563-7500

Airline Now Hiring. Major Airline at JFK, LaGuardia, & Newark Airports Now Hiring. NO EXPERIENCE NECESSARY, $14 to $22/hr + benefits. Call 212-629-1777, FEE

Training

10A at Blue Steel Security. Walk-in. Job Plcmt. 8hr/16hr/Arm/Comp. Sec/LP/CPR/FG/Anti/Met Det/47hr-Armed Gun Lic Srvce/ Driving Less. 397 Bridge St. Call 347-463-901

SECURITY GUARD TRAINING
8 HR CERT $25 SAME DAY
ANNUAL $25 ★ 16 HR $30 ★ CPR
718-594-7775 **NO HIDDEN FEES**

Services

Careers

HIGH SCHOOL DIPLOMA FROM HOME
6-8 weeks accredited
Get a Diploma! Get a Job!
No computer needed!!
Call 24/7 for free brochure
1-800-264-8330
www.diplomafromhome.com
Benjamin Franklin High School

Health & Beauty

Downtown Massage Parlor

Pearl massage spa.Grand Opening.Professional massage customized to your specific needs in a tranquil, relaxing and comfort room.Call 917-275-3300 or 212-248-3128 for appointment. Walk-Ins Welcome. Location: 60 Pearl St, 2nd floor, NY 10004(Financial district). Open 7 days 10am-Midnight.

Psychic

SHEIKH SALEEM
917.254.6647
MYSTICAL AFRICAN MEDIUM & SPIRITUALIST SOLVES ALL YOUR ISSUES, LOVE SPECIALIST, REUNITE LOVERS, BUSINESS, JOB, COURT, LUCK, BLACK MAGIC, PROTECTION, IMPOTENCY, IMMIGRATION, ETC. ENGLISH AND FRENCH SPEAKING. **QUICK RESULTS**
www.africanmedium.com

Miscellaneous

IQ TESTED
THE NEW YORK CITY TEST CENTER
offers for a limited time, free intelligence and personality tests.
Your IQ, personality and aptitude determine your future.
Know them. No obligations.
227 West 46th Street · New York City, NY
Phone: (212) 921-1210
Open 7 days a week from 9:00 am - 10:00 pm
@2007 CSNY. All Rights Reserved. SCIENTOLOGY and SCIENTOMETRUC are trademarks and service marks owned by Religious Technology Center and are used with its permission

Lessons

ETL TUTORING
20% OFF NOW!

www.Enrichingtheirlives.webs.com **917.826.3642**

Miscellaneous

Vehicles
Visit metroclassifieds for even more listings.

Cleaning

SPECIALS
House Cleaning Services !!

Apple Eco-Friendly Cleaning. Offers quality and experience on home and office cleaning. We are fully insured, serving New York, Bronx, Brooklyn, and Queens. We guaranteed 100% Satisfaction. We provide the best cleaning service in The New York area. Weekly, Bi-Weekly or Monthly. Our Cleaning Service is customized to fit your individual needs and budget. You can count on APPLE Cleaning Service at affordable rates. We provide and use Eco-Friendly Cleaning Products. Request Your FREE Estimate Today!!! Mention this ad and receive an Extra 10% OFF on Your First Cleaning. Phone: 347-858-2450 www.applegreencoop.com

Business Opportunities

Lose Weight & Make Money & Help Others Do the Same
PerfectBodyForLife.com
ViSalusOverView.com

Restaurant For Sale ★ Williamsburg
295 Broadway (Marcy Ave) In front Train Stairs & Bus Stop, Busy Comm'l Area. No Fee. **Owner 917-846-0489**

SOUNDVIEW- GROCERY STORE FOR SALE
full inventory, $150k, Rent, $2200/mo
718-849-8488, 917-538-1052, 917-498-0902

RESERVE YOUR SPACE
DEADLINE: two (2) business days prior to publication at noon.
866-900-9473
metroclassifieds

New Yorkers We Have Helped

"I looked at my credit report and there were things I didn't understand. I came to a Financial Empowerment Center and it was such a welcoming environment. They helped me understand what I needed to do to better my situation. I believe everyone can succeed in New York City. I honestly believe that."

– Davion, Manhattan

"When I started working with the financial counselor, I didn't think there would be too much that I could change. My debt is my debt, and I thought that trying to pay it off would keep me stuck. I didn't feel very hopeful. But my counselor gave me the courage to move forward. Now I feel like I can do this."

– Skyla, Queens

Call 311 to schedule a free one-on-one financial counseling appointment at a Financial Empowerment Center or visit **nyc.gov** for more information.

YOU CAN **TACKLE YOUR DEBT.**
We can help.

Financial Empowerment Center

YOU CAN negotiate with your creditors. **YOU CAN** pay your bills. **YOU CAN** improve your credit score. **YOU CAN** see the light at the end of the tunnel.

YOU CAN TACKLE YOUR DEBT.

We can help.

Financial Empowerment Center

Call 311 to schedule a free one-on-one financial counseling appointment at a Financial Empowerment Center or visit **nyc.gov** for more information.

NYC
Michael R. Bloomberg
Mayor

Department of Consumer Affairs
Office of Financial Empowerment

Jonathan Mintz
Commissioner

"Protect your Money"

/NYCDCA
@NYCDCA
/NYCDCA